



# VisionPro Nutrients

Introduced 2011



## What Is It?

VisionPro Nutrients is a comprehensive multivitamin/mineral complex designed to support ocular health. The importance of nutrients for eye health has been particularly evident since the publication of a long-term multicenter, prospective study involving more than 5,000 individuals ages 55-80. The study revealed that high amounts of vitamin C, vitamin E, zinc and copper support the health of the retina and macula. Additional research suggests that optimal vitamin D levels may also promote macular health. VisionPro Nutrients is a gentle hypo-allergenic formula providing a comprehensive profile of highly bioavailable vitamins, fully-chelated minerals and antioxidants to support healthy visual function and overall health.\*

## Indications

- Men and women ages 18 and over

## Vitamin/Mineral Distinctions:

- Clinically researched levels of nutrients in highly bioavailable forms to support healthy vision and eye integrity\*
- Contains 2,500 iu of vitamin A per serving to support night vision and healthy tear production\*
- Provides Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate\*
- Offered in versions with and without zinc; recent research has revealed that individuals with 1 or 2 complement factor H (CFH) risk alleles may not benefit from supplemental zinc.

## Special Features:

- Convenient three capsule per-day dosing
- Helps maintain macular and retinal health with 10 mg lutein, 2 mg zeaxanthin and 1 mg lycopene per serving\*
- Supports visual function and healthy photoreceptor activity with taurine, alpha lipoic acid and resveratrol\*

## What Is The Source?

The nutrients found in VisionPro Nutrients are derived from the following:

Vitamin A: synthetic

Vitamin C: corn dextrose fermentation

Ascorbyl palmitate: corn dextrose fermentation and palm oil

Vitamin D<sub>3</sub>: cholesterol from wool fat (lanolin)

Vitamin E: soybean oil

Vitamin B<sub>1</sub> (thiamin HCl): synthetic

Vitamin B<sub>2</sub> (riboflavin): corn dextrose fermentation

Niacinamide and Niacin: synthetic

Vitamin B<sub>5</sub> (calcium pantothenate): synthetic

Vitamin B<sub>6</sub> (pyridoxal HCl): synthetic

Vitamin B<sub>12</sub> (methylcobalamin): corn dextrose fermentation

Folate (Metafolin®, L-5-MTHF): synthetic

Biotin: synthetic

Lycopene: natural tomato concentrate

Lutein: marigold flower extract

Zeaxanthin: synthetic

Alpha lipoic acid: synthetic

Taurine: synthetic

Resveratrol: synthetic

Minerals: naturally derived from elemental ore

Sources of the mineral chelates include:

Citrate: corn dextrose fermentation

Glycinate: synthetic

There is no detectable GMO material in this product.

## Recommendations

Pure Encapsulations recommends 3 capsules daily, with meals.

## Are There Any Potential Side Effects Or Precautions?


If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions. Consult your physician for more information.

*(continued)*

## Are There Any Potential Drug Interactions?

Vitamin E may be contra-indicated with blood thinning medications. Consult your physician for more information.

### VisionPro Nutrients

three vegetarian capsules contain  v 00

Vitamin A (as vitamin A acetate).....	2,500 iu
Vitamin C (as ascorbic acid).....	500 mg
Vitamin D (as cholecalciferol) (D <sub>3</sub> ).....	1,000 iu
Vitamin E (as d-alpha tocopherol succinate ).....	400 iu
Thiamin (as thiamin HCl) (B <sub>1</sub> ).....	5 mg
Riboflavin (vitamin B <sub>2</sub> ).....	2.5 mg
Niacin (as niacinamide).....	20 mg
Vitamin B <sub>6</sub> (as pyridoxine HCl).....	5 mg
Folate (as Metafolin®, L-5-MTHF).....	400 mcg
Vitamin B <sub>12</sub> (as methylcobalamin).....	200 mcg
Biotin.....	300 mcg
Pantothenic acid (as calcium pantothenate) (B <sub>5</sub> ).....	25 mg
Iodine (as potassium iodide).....	150 mcg
Zinc (as zinc citrate).....	25 mg
Selenium (as selenomethionine).....	75 mcg
Copper (as copper glycinate).....	2 mg
Manganese (as manganese citrate).....	2.5 mg
Chromium (as chromium polynicotinate).....	120 mcg
Molybdenum.....	75 mcg
(as TRAACS® molybdenum glycinate chelate)	
Boron (as boron glycinate).....	1 mg
Vanadium (as bis-glycinato oxo vanadium).....	50 mcg
Riboflavin 5' phosphate (activated B <sub>2</sub> ).....	2.5 mg
Pyridoxal 5' phosphate (activated B <sub>6</sub> ).....	5 mg

#### EyeProtect Complex

Alpha lipoic acid.....	50 mg
Taurine.....	50 mg
resVida® resveratrol (as trans-resveratrol).....	25 mg


#### MacularSynergy Complex

Lutein.....	10 mg
Zeaxanthin.....	2 mg
Lycopene.....	1 mg

other ingredients: hypo-allergenic plant fiber (cellulose), ascorbyl palmitate, vegetarian capsule (cellulose, water)

3 capsules daily, with meals.

### VisionPro Nutrients without zinc

three vegetarian capsules contain  v 00

Vitamin A (as vitamin A acetate).....	2,500 iu
Vitamin C (as ascorbic acid).....	500 mg
Vitamin D (as cholecalciferol) (D <sub>3</sub> ).....	1,000 iu
Vitamin E (as d-alpha tocopherol succinate ).....	400 iu
Thiamin (as thiamin HCl) (B <sub>1</sub> ).....	5 mg
Riboflavin (vitamin B <sub>2</sub> ).....	2.5 mg
Niacin (as niacinamide).....	20 mg
Vitamin B <sub>6</sub> (as pyridoxine HCl).....	5 mg
Folate (as Metafolin®, L-5-MTHF).....	400 mcg
Vitamin B <sub>12</sub> (as methylcobalamin).....	200 mcg
Biotin.....	300 mcg
Pantothenic acid (as calcium pantothenate) (B <sub>5</sub> ).....	25 mg
Iodine (as potassium iodide).....	150 mcg
Selenium (as selenomethionine).....	75 mcg
Manganese (as manganese citrate).....	2.5 mg
Chromium (as chromium polynicotinate).....	120 mcg
Molybdenum.....	75 mcg
(as TRAACS® molybdenum glycinate chelate)	

Boron (as boron glycinate).....	1 mg
Vanadium (as bis-glycinato oxo vanadium).....	50 mcg
Riboflavin 5' phosphate (activated B <sub>2</sub> ).....	2.5 mg
Pyridoxal 5' phosphate (activated B <sub>6</sub> ).....	5 mg

#### EyeProtect Complex

Alpha lipoic acid.....	50 mg
Taurine.....	50 mg
resVida® resveratrol (as trans-resveratrol).....	25 mg

#### MacularSynergy Complex


Lutein.....	10 mg
Zeaxanthin.....	2 mg
Lycopene.....	1 mg

other ingredients: hypo-allergenic plant fiber (cellulose), ascorbyl palmitate, vegetarian capsule (cellulose, water)

3 capsules daily, with meals.

 This product contains resVida®. resVida® is a registered trademark of DSM Nutritional Products, Inc.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

 is a registered trademark of Kemin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

TRAACS® is a registered trademark of Albion Laboratories, Inc.