

VisionPro EPA/DHA/GLA

Ultra-pure triglyceride-form fish oil and borage oil; supports visual comfort and natural tear production[†]

INDICATIONS

- Ages 18 and up
- Natural tear production and visual comfort[†]

BENEFITS

- Supports natural tear production, healthy tear film composition and retention of eye moisture[†]
- Provides the eye with essential fatty acids[†]
- Promotes visual comfort[†]

FEATURES

- Made with ultra-pure triglyceride-form Norwegian and Chilean fish oil and cold-pressed borage oil
- Convenient softgel capsule for easy dispensing

VERIFIABLE SCIENCE

VisionPro EPA/DHA/GLA supports natural tear production, healthy tear film composition and retention of eye moisture. A cross-sectional study of 32,470 women demonstrated a significant association between omega-3 fatty acid intake and ocular surface hydration.¹ Several randomized controlled clinical trials have indicated that fish oils provide significant support for healthy tear function and associated visual comfort scores. Specifically, EPA and DHA support the coating of fluid that covers the eyes. These omega-3 fatty acids are incorporated into the lipid layer of the eye to maintain its fluidity and viscosity. By supporting the functional properties of the lipid layer, EPA and DHA promote retention of water in the underlying aqueous layer.^{2,3} EPA and DHA also promote healthy prostaglandin and cytokine balance to help protect the secretory function of the lacrimal glands.⁴ In addition, VisionPro EPA/DHA/GLA provides 75 mg GLA per serving from cold-pressed borage oil. Several studies have demonstrated that GLA-rich oils provide unique support for mucin production, prostaglandin balance and healthy tear film characteristics.^{5†}

SUGGESTED USE

As a dietary supplement, take 3 softgel capsules daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Pure Encapsulations EPA/DHA products are molecularly distilled and microfiltered. They are sourced mainly from sardines and anchovies off the coasts of Chile or Norway. They have been tested for contaminants including heavy metals, dioxins and furans, PCBs, peroxides and anisidine
- Borage oil is a cold-pressed oil derived from the seed and produced without the use of solvents
- The proprietary antioxidant blend is derived from a combination of rosemary extract, mixed tocopherols derived from highly purified soybean oil and ascorbyl palmitate derived from corn dextrose fermentation and palm oil

NOTES

Size 20 softgels

Bottle count 90, 180

Order codes VPE9, VPE1

Bottle sizes 290 cc, 20 oz

REFERENCES

1. Miljanović B, et al. *Am J Clin Nutr.* 2005 Oct;82(4):887-93.
2. Kawakita T, et al. *Biomed Res.* 2013;34(5):215-20.
3. Bhargava R, et al. *Cont Lens Anterior Eye.* 2015 Jun;38(3):206-10.
4. Schnebelen C, et al. *Ophthalmic Res.* 2009;41(4):216-24.
5. Kokke KH, et al. *Cont Lens Anterior Eye.* 2008 Jun;31(3):141-6; quiz 170.

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SUPPLEMENT FACTS

3 softgel capsules daily, with a meal.

Three (size 20) softgel capsules contain:

Calories	30
Total fat	3 g
Fish oil concentrate (from anchovies, sardines)	2,871 mg
Providing:	
EPA (eicosapentaenoic acid)	855 mg
DHA (docosahexaenoic acid)	645 mg
Other omega-3 fatty acids	195 mg
Borage (<i>Borago officinalis</i>) oil (seed)	450 mg
Providing:	
GLA (gamma-linolenic acid)	75 mg

Other ingredients: gelatin capsule (gelatin, glycerin, water), natural lemon flavor, proprietary natural antioxidant blend (rosemary leaf extract, ascorbyl palmitate, natural tocopherols)

Contains fish (anchovies, sardines)



VisionPro EPA/DHA/GLA [†]	Quantity	Order Code
	180	VPE1
	90	VPE9

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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