

Silymarin

Standardized milk thistle extract; supports liver health†

INDICATIONS

- Ages 18 and up
- Liver function and health support†

BENEFITS

- Supports liver function†
- Antioxidant support to protect the liver and help neutralize free radicals†
- Stimulates protein synthesis in hepatic cells†

FEATURES

- Standardized to contain 80% silymarin
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Silymarin is a milk thistle extract that nutritionally supports liver function.¹ This highly active botanical protects the liver from free radical damage, supports glutathione concentrations and promotes superoxide dismutase activity.^{2,3} Milk thistle extract also stimulates protein synthesis in hepatic cells.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-4 times daily, between meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

Milk thistle extract is derived from the fruit of *Silybum marianum* and standardized to contain 80% silymarin

NOTES

Size 2 caps
 Bottle counts 60, 120
 Order codes SL6, SL1
 Bottle sizes 75 cc, 120 cc

REFERENCES

1. Salmi HA, et al. *Scand J Gastroenterol.* 1982 Jun;17(4):517-21.
2. Ebrahimpour Koujan S, et al. *Phytomedicine.* 2015 Feb 15;22(2):290-6.
3. Valenzuela A, et al. *Planta Med.* 1989 Oct;55(5):420-2.
4. Patel N, et al. *Toxicol Appl Pharmacol.* 2010 Jun 1;245(2):143-52.

SUPPLEMENT FACTS

1 capsule, 1-4 times daily, between meals.
Each (size 2) vegetarian capsule contains:
 Milk thistle (*Silybum marianum*) extract (seed) 250 mg
 (standardized to contain 80% silymarin)
 Other ingredients: vegetarian capsule (cellulose, water)



Silymarin	Quantity	Order Code
	120	SL1
	60	SL6

Visit PureEncapsulationsPro.com for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

