

PureMelt B₁₂ Folate

With Metafolin® L-5-MTHF; supports red blood cell function, energy metabolism and neurological health[†]

INDICATIONS

- Ages 18 and up
- Neurological health and energy metabolism support[†]

BENEFITS

- Promotes cellular, cardiovascular, neurological and psychological health[†]
- Supports energy metabolism[†]
- Provides support for healthy methylation[†]

FEATURES

- Contains Metafolin® L-5-MTHF, the naturally occurring, universally metabolized form of folate
- Provides activated B vitamins
- Unique lozenge designed to dissolve in the mouth without requiring water
- Free of sugar and artificial sweeteners
- Great-tasting, fruit-flavored lozenge
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

PureMelt B₁₂ Folate provides activated B vitamins in a unique lozenge designed to dissolve in the mouth without requiring water. Each lozenge provides 1,000 mcg of methylcobalamin (the active form of vitamin B₁₂) and 400 mcg of Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate.¹ Optimal levels of these B vitamins have been associated with cellular, cardiovascular, neurological and psychological health.^{2,3,4} Activated B vitamins provide methyl groups to support healthy methylation, a key regulator of genetic expression and cellular function.⁵ Healthy methylation is vital for cellular health, hormone and neurotransmitter production and energy metabolism.⁶ This great-tasting, fruit-flavored lozenge contains no sugar, magnesium stearate or artificial colors or flavors.[†]

SUGGESTED USE

As a dietary supplement, take 1 lozenge, 1-2 times daily, with or between meals, or as directed by a

health professional. Allow tablet to dissolve in mouth and swallow.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Metafolin®, 5-methyltetrahydrofolate (L-5-MTHF) is synthetic
- Methylcobalamin is derived from corn dextrose fermentation
- Hypoallergenic plant fiber is derived from pine cellulose
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Xylitol is derived from wood pulp

NOTES

Lozenge

Bottle count 90

Order code PMLB9

Bottle size 75 cc

REFERENCES

1. Lamers Y, et al. *Am J Clin Nutr.* 2006 Jul;84(1):156-61.
2. Stanhewicz AE, et al. *Clin Sci (Lond).* 2015 Jul;129(2):159-67.
3. Papakostas GI, et al. *J Clin Psychiatry.* 2014 Aug;75(8):855-63.
4. Yaqub BA, et al. *Clin Neurol Neurosurg.* 1992;94(2):105-11.
5. Smulders YM, et al. *Br J Haematol.* 2006 Mar;132(5):623-9.
6. Ling CT, Chow BF. *J. Biol. Chem.* 1954, 206:797-805.

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SUPPLEMENT FACTS

1 lozenge, 1-2 times daily, with or between meals, or as directed by a health professional. Allow tablet to dissolve in mouth and swallow.

Each vegetarian lozenge contains:

Folate (as Metafolin®, L-5-MTHF) 667 mcg DFE (400 mcg L-5-MTHF)

Vitamin B₁₂ (as methylcobalamin) 1,000 mcg

Other ingredients: xylitol, mannitol, natural berry, cherry, and vanilla flavor, carboxymethyl cellulose, cellulose, ascorbyl palmitate, malic acid

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



PureMelt B ₁₂ Folate	Quantity	Order Code
	90	PMLB9

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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