Phyto-4

Curcumin C3 Complex[®], Perluxan[®] and ginger; supports cellular and musculoskeletal health[‡]

INDICATIONS

- Ages 18 and up
- Joint health and comfort[†]
- Immune function and tissue health[‡]

BENEFITS

- Promotes joint health & comfort[†]
- Supports healthy immune response[†]
- Provides support for connective tissue structural composition[†]

FEATURES

- Includes clinically researched botanicals
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Perluxan[®] is a clinically studied extract of hops specifically developed to promote joint health. In a randomized, double-blind, placebo-controlled trial of 36 subjects, the benefits of Perluxan® on joint comfort reached statistical significance within two hours of the first dose and were sustained over the 14-day period. Perluxan® is free of sleep-inducing and phytoestrogenic compounds typically associated with hops extracts. The alpha and isoalpha acids in Perluxan® maintain healthy NF-kappa B-associated expression of COX-2 and cytokines such as IL-6 and TNF $\!\alpha$ in connective tissue. 2 Curcumin complements Perluxan® through its extensively characterized effects on cytokinemediated signal transduction, matrix metalloproteinase (MMP) expression and multiple components of the arachidonic acid cascade.3 Curcumin C3 Complex® is the subject of extensive ongoing clinical investigations at numerous hospitals and universities.4 Ginger promotes joint health through maintaining healthy cytokine signaling in cartilage and the synovium. 5 5-LOXIN® Boswellia serrata extract provides the highly bioactive triterpenoid AKBA, which supports connective tissue structural composition and comfort through supporting healthy immune responses, 5-lipoxygenase activity and synovial matrix metalloproteinase 3 (MMP-3) levels.^{6,7} In a 3month double-blind, placebo-controlled study of 75

subjects, significant functional support and comfort scores were evident as early as day 7.84

SUGGESTED USE

As a dietary supplement, take 2 capsules daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Proprietary hops extract is derived from Humulus lupulus cone
- Curcumin C3 Complex® turmeric extract is derived from Curcuma longa root and standardized to contain 95% curcuminoids
- Ginger extract is derived from Zingiber officinale root and standardized to contain 5% gingerols
- 5-LOXIN® Boswellia serrata extract is derived from the gum resin and standardized to contain 30% 3-acetyl-11-Keto-beta-boswellic acid (AKBA)
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Maltodextrin is derived from corn

NOTES

Size 00 caps

Bottle count 60

Order code PH46

Bottle size 190 cc

REFERENCES

- 1. R Jager, et al. Pharmachem Laboratories, Kearny, NJ.
- 2. Van Cleemput M, et al. Mol Nutr Food Res. 2009 Sep;53(9):1143-55.



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- 3. Panahi Y, et al. Biomed Pharmacother. 2016 Aug;82:578-82.
- 4. Chandran B, et al. Phytother Res. 2012 Nov;26(11):1719-25.
- 5. Altman RD, et al. Arthritis Rheum. 2001 Nov;44(11):2531-8.
- Roy S, et al. DNA Cell Biol. 2005 Apr;24(4):244-55
- 7. Krishanu S, et al. Int J Med Sci. 2010; 7(6): 366–377.
- 8. Krishanu S, et al. Arthritis Res Ther. 2008; 10(4): R85.

SUPPLEMENT FACTS

2 capsules daily, with a meal.

Two (size 00) vegetarian capsules contain:

Perluxan® hops (Humulus lupulus) extract (cone)	500 mg
Curcumin C3 Complex® turmeric (Curcuma longa) extract (root)	200 mg
(standardized to contain 95% curcuminoids)	
Ginger (Zingiber officinale) extract (root)	200 mg
(standardized to contain 5% gingerols)	
5-LOXIN® Boswellia serrata extract Indian	100 mg
Frankincense (Boswellia serrata) extract (gum resin)	
(standardized to contain 30% 3-acetyl-11-keto-beta-boswel	lic
acid (AKBA))	
Other ingredients: vegetarian capsule (cellulose, water), maltod	extrin,
silica, ascorbyl palmitate	

Perluxan® trademark is used with permission.

Curcumin C3 Complex $^{\circ}$ is a registered trademark and patented product of Sabinsa Corporation.

5-LOXIN® AKBA boswellia serrata extract. 5-LOXIN® is a registered trademark of PL Thomas & Co., Inc. International patents pending.

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Phyto-4	Quantity	Code	
	60	PH46	

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