

PS 100 (phosphatidylserine)

Supports cognitive function[†]

INDICATIONS

- Ages 18 and up
- Cognitive function and emotional well-being support[†]

BENEFITS

- Supports cognitive function and emotional well-being[†]
- Supports healthy memory[†]
- Promotes healthy behavioral performance including tasks of daily life[†]

FEATURES

- Contains 95-98% phosphatidylserine
- Made with high-quality vegetarian ingredients backed by verifiable science

VERIFIABLE SCIENCE

Phosphatidylserine is a phospholipid found in all cells but is most concentrated in brain cells. This familiarly called "brain nutrient" supports cognitive function, emotional well-being and behavioral performance. It has also been shown to support healthy memory.^{1,2} In a double-blind, placebo-controlled, multicenter study of 425 individuals, daily supplementation of phosphatidylserine over six months resulted in statistically significant support of behavioral and cognitive parameters. In a placebo-controlled investigation of 149 subjects, the group receiving phosphatidylserine scored higher than placebo in performance tests related to memory tasks of daily life.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Pure Encapsulations® PS 100 contains 95-98% phosphatidylserine derived from soy. There is no detectable GMO material in this product
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 0 caps

Bottle counts 60, 120

Order codes PS6, PS1

Bottle sizes 120 cc, 190 cc

REFERENCES

1. Maggioni M, et al. *Acta Psychiatr Scand.* 1990 Mar;81(3):265-70.
2. Hirayama S, et al. *J Hum Nutr Diet.* 2013 Apr;27 Suppl 2:284-91.
3. Cenacchi T, et al. *Aging (Milano).* 1993 Apr;5(2):123-33.
4. Crook TH, et al. *Neurology.* 1991 May;41(5):644-9.

SUPPLEMENT FACTS

1 capsule, 3 times daily, with meals.

Each (size 0) vegetarian capsule contains:

Phosphatidylserine (from soy)	100 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

Contains soy.



PS 100 (phosphatidylserine)	Quantity	Order Code
	120	PS1
	60	PS6

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.