

Niacinamide

Vitamin B₃ to support energy metabolism and metabolic function[†]

INDICATIONS

- Ages 18 and up
- Glucose metabolism and metabolic function[†]
- Joint health support[†]

BENEFITS

- Support healthy glucose metabolism[†]
- Helps to maintain healthy pancreatic beta cell function[†]
- Promotes joint mobility and comfort[†]

FEATURES

- Does not cause the vasodilatation (“flush”) associated with niacin
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Niacinamide does not cause the vasodilatation (“flush”) associated with niacin. Research indicates that niacinamide may support healthy glucose metabolism and protect pancreatic beta cell function.¹ In a meta-analysis of 10 randomized controlled trials, niacinamide supplementation promoted healthy C-peptide levels, insulin metabolism and beta cell function.² In another study, niacinamide helped maintain healthy C-peptide levels and glucose metabolism.³ In a 12-week randomized double-blind trial involving 72 subjects, niacinamide provided statistically significant support for joint flexibility.⁴

SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Niacinamide and alpha lipoic acid are synthetic
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 00 caps

Bottle count 90

Order codes NIA29

Bottle size 290 cc

REFERENCES

1. Ding Y, et al. *Clin Nutr.* 2015 Oct;34(5):838-44.
2. Pozzilli P, et al. *The Nicotinamide Trialists. Diabetes Care.* 1996 Dec;19(12):1357-63.
3. Pozzilli P, et al. *Diabetologia.* 1995 Jul;38(7):848-52.
4. Jonas WB, et al. *Inflamm Res.* 1996 Jul;45(7):330-4.

SUPPLEMENT FACTS

2 capsules, 1-3 times daily, with meals.

Two (size 00) vegetarian capsules contain:

Niacin (as niacinamide) 1,000 mg

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose)



Niacinamide	Quantity	Order Code
	90	NIA29

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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