

Metabolic Xtra

Supports healthy glucose metabolism[†]

INDICATIONS

- Ages 18 and up[†]
- Healthy glucose metabolism[†]

BENEFITS

- Promotes healthy insulin receptor function and signaling[†]
- Supports glucose homeostasis[†]

FEATURES

- Offers resVida® 99% pure trans-resveratrol
- Provides 350 mg berberine HCl per capsule
- Made with high-quality, vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Metabolic Xtra provides a combination of nutrients to support healthy glucose metabolism and insulin receptor function and signaling. The natural plant alkaloid berberine enhances the expression and function of insulin receptors.^{1,2} In a randomized, placebo-controlled trial involving 116 subjects, berberine provided statistically significant support for healthy glucose and lipid metabolism.³ Resveratrol has been shown to support cellular metabolism and glucose homeostasis by promoting healthy AMPK and SIRT1 protein levels.^{4,5} The trace mineral chromium plays an important role in glucose and lipid metabolism, as well as enzyme activation.^{6,7} Alpha lipoic acid provides support for healthy insulin receptor function and glucose metabolism.^{8,9†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Berberine HCl is derived from *Phellodendron amurense* bar and Sargent's barberry (*Berberis sargentiana*)
- Alpha lipoic acid (thioctic acid), chromium dinicocysteinate and resveratrol are synthetic
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypoallergenic plant fiber is derived from pine cellulose

NOTES

Size 00 caps

Bottle count 90

Order code MX29

Bottle size 290 cc

REFERENCES

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4. Timmers S, et al. *Cell Metab*. 2011 Nov 2;14(5):612-22.
5. Crandall JP, et al. *J Gerontol A Biol Sci Med Sci*. 2012 Dec;67(12):1307-12.
6. Frauchiger MT, et al. *J Am Coll Nutr*. 2004 Aug;23(4):351-7.
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SUPPLEMENT FACTS

1 capsule, 1-3 times daily, with meals.

Each (size 00) vegetarian capsule contains:

Chromium (as chromium polynicotinate)	200 mcg
Berberine HCl	350 mg
Alpha lipoic acid (thioctic acid)	100 mg
resVida [®] resveratrol (as trans-resveratrol)	20 mg

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber, ascorbyl palmitate

ChromeMate[®] brand niacin-bound chromium. ChromeMate[®] & logo are trademarks of Lonza or its affiliates.

resVida[®] is a trademark of DSM.

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Metabolic Xtra	Quantity	Order Code
	90	MX29

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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