

Lipotropic Detox

With Metafolin® L-5-MTHF; supports healthy fat metabolism, liver function and detoxification[†]

INDICATIONS

- Ages 18 and up
- Healthy fat metabolism[†]
- Liver function and detoxification support[†]

BENEFITS

- Support healthy hepatic fat metabolism and bile flow[†]
- Breakdown of fats in the liver maintains healthy overall liver function and detoxification[†]
- Promotes methylation for healthy DNA integrity and stability, important for liver, colon and overall cell health[†]

FEATURES

- Offers Metafolin® (L-5-MTHF), the naturally occurring, universally metabolized form of folate
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

The lipotropic agents choline, betaine, methionine, vitamin B₆, vitamin B₁₂ and folate (L-5-MTHF) support healthy hepatic fat metabolism and bile flow.^{1,2,3} Efficient processing and breakdown of fats in the liver maintains healthy overall liver function and detoxification.⁴ As methyl donors, these same nutrients are also critical for methylation, a widespread biochemical process in the body that involves transferring a methyl group to another compound.⁵ Methylation of DNA supports healthy DNA integrity and stability, important for liver, colon and overall cell health.⁶ Taurine, curcumin, silymarin and artichoke have been added for their abilities to support healthy bile flow, gene expression and the body's normal toxin metabolism.^{7,8,9†}

SUGGESTED USE

As a dietary supplement, take 2 capsules, 3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Pyridoxine HCl (B₆), folate (Metafolin® L-5-MTHF), choline, taurine and l-methionine are synthetic
- Methylcobalamin (B₁₂) is derived from corn dextrose fermentation
- Inositol is derived from rice bran
- Trimethylglycine (anhydrous betaine) is derived from sugar beets
- Turmeric extract is derived from *Curcuma longa* root and standardized to contain 95% curcuminoids
- Milk thistle extract is derived from *Silybum marianum* fruit and standardized to contain 80% silymarin
- Artichoke extract is derived from *Cynara scolymus* L. leaf and is standardized to typically contain 5% cynarins
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypoallergenic plant fiber is derived from pine cellulose

NOTES

Size 00 caps

Bottle count 120

Order code LD1

Bottle size 290 cc

REFERENCES

1. Anand SS. *J Appl Toxicol.* 2005 Sep-Oct;25(5):440-3.
2. Koplay M, et al. *J Investig Med.* 2011 Oct;59(7):1137-40.
3. Halsted CH, et al. *Proc Natl Acad Sci U S A.* 2002 Jul 23;99(15):10072-7.
4. Nguyen P, et al. *J Animal Phys and Animal Nutr.* 2008. 92(3); 272-283.

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5. Selhub J, et al. *Nutr Rev.* 2010 Dec;68 Suppl 2:S112-8.
6. Brunaud L, et al. *Clin Chem Lab Med.* 2003 Aug;41(8):1012-9.
7. Hardison WG. *Gastroenterology.* 1978 Jul;75(1):71-5.
8. Sugiyama T, et al. *Life Sci.* 2006 Apr 4;78(19):2188-93.
9. Salmi HA, et al. *Scand J Gastroenterol.* 1982 Jun;17(4):517-21.

SUPPLEMENT FACTS

2 capsules, 3 times daily, with meals.

Two (size 00) vegetarian capsules contain:

Vitamin B ₆ (as pyridoxine HCl)	5 mg
Folate (as Metafolin®, L-5-MTHF)	167 mcg DFE (100 mcg L-5-MTHF)
Vitamin B ₁₂ (as methylcobalamin)	50 mcg
Choline (as choline bitartrate)	120 mg
Inositol	150 mg
L-Methionine (free-form)	150 mg
Taurine (free-form)	100 mg
Trimethylglycine (anhydrous betaine)	100 mg
Turmeric (<i>Curcuma longa</i>) extract (root) (standardized to contain 95% curcuminoids)	75 mg
Milk thistle (<i>Silybum marianum</i>) extract (seed) (standardized to contain 80% silymarin)	75 mg
Artichoke (<i>Cynara scolymus</i>) extract (leaf)	50 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



Lipotropic Detox	Quantity	Order Code
	120	LD1

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