

Iodine and Tyrosine

Enhanced thyroid support†

INDICATIONS

- Ages 18 and up
- Thyroid health and function support†

BENEFITS

- Supports the formation of thyroid hormones†
- Promotes metabolic function†
- Enhances mitochondrial activity and enzyme synthesis†
- Provides tyrosine, which interacts with iodine for thyroid hormone formation†

FEATURES

- Blend of clinically researched ingredients
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Iodine is absorbed by the thyroid gland and supports the formation of thyroid hormones.^{1,2} Thyroid hormones have the ability to cross cell membranes, thereby supporting all cells of the body.³ In the cell, they promote metabolic function by enhancing mitochondrial activity and enzyme synthesis, especially in tissues and organs such as muscle and the liver.⁴ L-Tyrosine plays an important role in the production of thyroid hormones. Studies show that tyrosine interacts with iodine for thyroid hormone formation.^{5†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Iodine is derived from earthen ore
- L-Tyrosine is extracted from soybeans

NOTES

Size 00 caps

Bottle count 120

Order code IT1

Bottle size 290 cc

REFERENCES

1. Gardner DF, et al. *Clin Endocrinol (Oxf)*. 1988 Mar;28(3):283-8.
2. Pedersen KM, et al. *J Clin Endocrinol Metab*. 1993 Oct;77(4):1078-83.
3. Goglia F, Moreno M, Lanni A. *FEBS*. 1999. 452(3); 115-120.
4. DeMartino GN, et al. *Proc Natl Acad Sci U S A*. 1978 Mar;75(3):1369-73.
5. Nussey S, et al. 2001. Print.

SUPPLEMENT FACTS

1 capsule, 1-2 times daily, with meals.

Each (size 00) vegetarian capsule contains:

Iodine (as potassium iodide)	225 mcg
L-Tyrosine (free-form)	500 mg

Other ingredients: vegetarian capsule (cellulose, water)



Iodine and Tyrosine	Quantity	Order Code
	120	IT1

Visit PureEncapsulationsPro.com for more information about our GMO policy.