

# Heartburn Essentials<sup>†</sup>

Maintains healthy gastric secretion<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Occasional heartburn relief<sup>†</sup>
- G.I. health and function support<sup>†</sup>

## BENEFITS

- Supports comfort and relief from occasional heartburn, occasional gas and bloating<sup>†</sup>
- Promotes healthy gastric secretion<sup>†</sup>
- Supports the integrity of the mucosal lining<sup>†</sup>

## FEATURES

- Unique blend of extracts, standardized herbs and enzymes
- Made with high-quality vegan ingredients backed by verifiable science

## VERIFIABLE SCIENCE

Gamma oryzanol has a history of use for supporting the health of the stomach lining. Its mechanism has yet to be clarified, but may involve the autonomic nervous system, which regulates gastric secretory activity.<sup>1,2</sup> DGL, marshmallow and slippery elm are traditionally recognized for their value in soothing the gastrointestinal tract and maintaining the integrity of the mucosal lining.<sup>3-5</sup> Artichoke helps to stimulate the digestive process.<sup>6</sup> Plant enzymes further promote the digestive process by assisting in the breakdown of proteins, fats and carbohydrates.<sup>†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 capsule at the start of each meal, or as directed by a health professional.

## STORAGE

Store in a cool, dry place.

## WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Gamma oryzanol is derived from rice bran
- Deglycyrrhizinated licorice extract is derived from *Glycyrrhiza glabra* root
- Marshmallow root extract is derived from *Althaea officinalis*
- Slippery elm extract is derived from *Ulmus fulva* bark
- Artichoke extract is derived from *Cynara scolymus* leaves and standardized to contain 5% cynarins typically
- Turmeric extract is derived from *Curcuma longa* root and standardized to contain 95% curcuminoids
- Amylase, lipase and cellulase are derived from fermentation
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Dextrin is derived from tapioca

## NOTES

Size 00 caps

Bottle count 90, 180

Order codes HB9, HB1

Bottle size 290 cc, 20 oz

## REFERENCES

1. Mizuta K, et al. *Nihon Yakurigaku Zasshi*. 1978 Mar;74(2):285-95.
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3. Das SK, et al. *J Assoc Physicians India*. 1989 Oct;37(10):647.
4. Deters A, et al. *J Ethnopharmacol*. 2010 Jan 8;127(1):62-9.
5. Marakis G, et al. *Phytomedicine*. 2002 Dec;9(8):694-9.
6. Holtmann G, Adam B, Haag S, et al. *Aliment Pharmacol Ther*. 2003 Dec;18(11-12):1099-105.

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## SUPPLEMENT FACTS

**1 capsule at the start of each meal, or as directed by a health professional.**

**Each (size 00) vegetarian capsule contains:**

Gamma oryzanol (from rice bran)	125 mg
Deglycyrrhizinated licorice ( <i>Glycyrrhiza glabra</i> ) extract (root)	100 mg
Marshmallow ( <i>Althaea officinalis</i> ) extract (root)	100 mg
Slippery elm ( <i>Ulmus fulva</i> ) extract (bark)	100 mg
Artichoke ( <i>Cynara scolymus</i> ) extract (leaf)	75 mg
Turmeric ( <i>Curcuma longa</i> ) extract (root) (standardized to contain 95% curcuminoids)	50 mg
Proprietary enzyme blend	61 mg
Providing:	
Amylase	6,000 DU
Lipase	81 FIP
Cellulase	22 CU

Other ingredients: vegetarian capsule (cellulose, water), tapioca dextrin, ascorbyl palmitate

**Not to be taken by pregnant or lactating women.**



Heartburn Essentials <sup>†</sup>	Quantity	Order Code
	180	HB1
	90	HB9

Visit [PureEncapsulationsPro.com](http://PureEncapsulationsPro.com) for more information about our GMO policy.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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