

Glucosamine/MSM with joint comfort herbs[†]

Supports connective tissue health and joint comfort^{†^}

INDICATIONS

- Ages 18 and up
- Joint comfort support[†]
- Cartilage and connective tissue integrity support[†]
- Antioxidant support[†]

BENEFITS

- Supports joint mobility, integrity and comfort[†]
- Provides optimal cartilage matrix composition[†]
- Antioxidant and immune support[†]

FEATURES

- Combination of glucosamine and chondroitin
- Enhanced with ginger and turmeric extracts
- Extensively researched ingredients

VERIFIABLE SCIENCE

Glucosamine sulfate and MSM provide intrinsic compounds essential for healthy cartilage formation, including glycosaminoglycans and elemental sulfur, respectively.^{1,2,3} MSM has also been attributed with enhancing healthy immune cell activity, thereby supporting tissues surrounding the joints. These important cartilage matrix constituents are complemented with additional factors for supporting a healthy immune response.⁴ In studies, ginger promotes healthy prostaglandin and leukotriene biosynthesis while curcumin helps maintain healthy neutrophil function and scavenges free radicals.^{5,6†}

SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-3 times daily, with meals. Individual results may vary.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Do not take if you are sensitive to shellfish.

SOURCE

- Glucosamine sulfate is derived from crab and shrimp.
- MSM is synthetic. Ginger extract is derived from *Zingiber officinale* root and standardized to contain 5% gingerols.
- Turmeric extract is derived from *Curcuma longa* root and standardized to contain 95% curcuminoids.
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

NOTES

Size 00 caps

Bottle count 180/360

Order codes GM1/GM3

Bottle size 20 oz/26 oz

REFERENCES

1. Reginster JY, et al. *Lancet*. 2001 Jan 27;357(9252):251-6.
2. Orth MW, et al *Equine Vet J Suppl*. 2002 Sep;(34):224-9.
3. Dodge GR, et al. *Osteoarthritis Cartilage*. 2003 Jun;11(6):424-32.
4. Barrager E, et al. *J Altern Complement Med*. 2002 Apr;8(2):167-73.
5. Altman RD, et al. *Arthritis Rheum*. 2001 Nov;44(11):2531-8.
6. Panahi Y, et al. *Phytother Res*. 2014 Nov;28(11):1625-31.

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SUPPLEMENT FACTS

2 capsules, 1-3 times daily, with meals. Individual results may vary.

Two (size 00) vegetarian capsules contain:

Glucosamine sulfate (from crab, shrimp)	500 mg
MSM (methylsulfonylmethane)	500 mg
Ginger (<i>Zingiber officinale</i>) extract (root) (standardized to contain 5% gingerols)	250 mg
Turmeric (<i>Curcuma longa</i>) extract (root) (standardized to contain 95% curcuminoids)	250 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

OptiMSM[®] is a registered trademark of Bergstrom Nutrition.

Contains shellfish (crab, shrimp)



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Quantity	Order Code
360	GM3
180	GM1

[†]Individual results may vary.

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[‡]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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