

Glucosamine Chondroitin with Manganese

Supports connective tissue health and joint comfort[†]

INDICATIONS

- Ages 18 and up
- Joint comfort support[†]
- Cartilage and connective tissue integrity support[†]
- Antioxidant support[†]

BENEFITS

- Supports joint mobility, integrity and comfort[†]
- Supports optimal cartilage matrix composition[†]
- Antioxidant support[†]

FEATURES

- Combination of glucosamine and chondroitin
- Enhanced with manganese
- Extensively researched ingredients

VERIFIABLE SCIENCE

This convenient formula combines two of the most important cartilage building blocks, glucosamine and chondroitin, with manganese ascorbate for enhanced connective tissue support. In a study, the combination of glucosamine HCl, chondroitin sulfate and manganese ascorbate demonstrated the ability to promote joint function.¹⁻⁴ The combination of glucosamine and chondroitin may also provide support for healthy hyaluronic acid content and synovial fluid.⁵ The trace mineral manganese plays a key role in supporting glycosaminoglycan and mucopolysaccharide production and encourages the antioxidant activity of superoxide dismutase.^{1,6} Vitamin C (ascorbate) serves as both an antioxidant and essential cofactor for proper collagen formation.^{7†}

SUGGESTED USE

Initial dose: 1 capsule, 3 times daily, with meals, for 2-3 weeks. Maintenance dose: 1 capsule, 2 times daily, with meals. Individual results may vary.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Glucosamine HCl is derived from crab and shrimp
- Chondroitin sulfate is derived from bovine cartilage
- Manganese is derived from earthen ore
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

NOTES

Size 00 caps

Bottle count 120, 360

Order codes GCM1, GCM3

Bottle size 290 cc, 26 oz

REFERENCES

1. Leffler CT, et al. *Mil Med.* 1999 Feb;164(2):85-91.
2. Reginster JY, et al. *Lancet.* 2001 Jan 27;357(9252):251-6.
3. Orth MW, et al. *Equine Vet J Suppl.* 2002 Sep;(34):224-9.
4. Dodge GR, et al. *Osteoarthritis Cartilage.* 2003 Jun;11(6):424-32.
5. Su N, et al. *J Craniomaxillofac Surg.* 2014 Sep;42(6):846-51.
6. Gort AS, et al. *J Bacteriol.* 1998 Mar;180(6):1402-10.
7. S Murad, et al. *Proc Natl Acad Sci U S A.* 1981 May; 78(5): 2879-2882.

SUPPLEMENT FACTS

Initial dose: 1 capsule, 3 times daily, with meals, for 2-3 weeks.
Maintenance dose: 1 capsule, 2 times daily, with meals. Individual results may vary.

Each (size 00) vegetarian capsule contains:

Manganese (as manganese ascorbate)	2 mg
Glucosamine HCl (from crab, shrimp)	500 mg
Chondroitin sulfate (from bovine)	400 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Contains shellfish (crab, shrimp)



Glucosamine + Chondroitin with Manganese	Quantity	Order Code
	360	GCM3
	120	GCM1

Visit PureEncapsulationsPro.com for more information about our GMO policy.