

Glucosamine + Chondroitin with MSM

Supports connective tissue health and joint comfort[†]

INDICATIONS

- Ages 18 and up
- Joint comfort support[†]
- Cartilage and connective tissue integrity support[†]

BENEFITS

- Supports joint comfort and healthy cartilage formation[†]
- Promotes cartilage integrity and resilience[†]
- May help to maintain healthy enzyme activity[†]
- Enhances the structure and integrity of proteoglycans[†]

FEATURES

- Combination of glucosamine, chondroitin and MSM (methylsulfonylmethane)
- Extensively researched ingredients

VERIFIABLE SCIENCE

Sulfur-containing methylsulfonylmethane (MSM) is included in this glucosamine and chondroitin combination to provide an enhanced spectrum of nutrients for optimal cartilage matrix composition, connective tissue strength and joint comfort. Glucosamine promotes the synthesis of the glycosaminoglycan chondroitin sulfate.^{1,2} Chondroitin sulfate is responsible for building the ground substance of cartilage, molecules known as proteoglycans.^{3,4} An important role of sulfur from MSM is to enhance the structure and integrity of proteoglycans.^{5†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Do not take if you are sensitive to shellfish.

SOURCE

- Glucosamine HCl is derived from crab and shrimp
- Chondroitin sulfate is derived from bovine cartilage
- MSM is synthetic
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

NOTES

Size 00 caps

Bottle counts 60, 120, 240, 360

Order codes GCMS6, GCMS1, GCMS2, GCMS3

Bottle sizes 190 cc, 290 cc, 20 oz, 26 oz

REFERENCES

1. Orth MW, et al. *Equine Vet J Suppl.* 2002 Sep;(34):224-9.
2. Dodge GR, et al. *Osteoarthritis Cartilage.* 2003 Jun;11(6):424-32.
3. Uebelhart D, et al. *Osteoarthritis Cartilage.* 1998 May;6 Suppl A:39-46.
4. Rossi A, et al. *Eur. J. Biochem.* 1997. 248; 741-747.
5. Kim LS, et al. *Osteoarthritis Cartilage.* 2006 Mar;14(3):286-94.

Glucosamine + Chondroitin with MSM

Supports connective tissue health and joint comfort^{†^‡}

SUPPLEMENT FACTS

1 capsule, 3 times daily, with meals. Individual results may vary.

Each (size 00) vegetarian capsule contains:

Glucosamine HCl (from crab, shrimp)	300 mg
Chondroitin sulfate (from bovine)	300 mg
MSM (methylsulfonylmethane)	300 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

OptiMSM[®] is a registered trademark of Bergstrom Nutrition.

Contains shellfish (crab, shrimp)



Glucosamine + Chondroitin with MSM	Quantity	Order Code
	360	GCMS3
	240	GCMS2
	120	GCMS1
	60	GCMS6

[^]Individual results may vary.

Visit PureEncapsulationsPro.com for more information about our GMO policy.