

# G.I. Integrity<sup>†</sup>

## Supports gastrointestinal integrity and function<sup>†</sup>

### INDICATIONS

- Ages 18 and up
- Gastrointestinal health, integrity and comfort support<sup>†</sup>

### BENEFITS

- Provides support for gastric health and comfort<sup>†</sup>
- Promotes healthy everyday tissue repair<sup>†</sup>
- Supports the protective mucosal lining<sup>†</sup>
- Provides metabolic fuel for the enterocytes and immune cells in the small intestine<sup>†</sup>

### FEATURES

- Offers aloe vera extract and other premium ingredients

### VERIFIABLE SCIENCE

Glutamine, the most abundant amino acid in the body, promotes healthy everyday tissue repair. In the gut, it maintains intestinal integrity by supporting the protective mucosal lining and by maintaining healthy villous function.<sup>1</sup> It is also an important metabolic fuel for the enterocytes and immune cells in the small intestine.<sup>2</sup> N-acetyl-d-glucosamine is a component of glycosaminoglycans and glycoproteins found in the gut's mucosal surface.<sup>3</sup> Gamma oryzanol has a history of use in gastrointestinal applications, with preclinical data supporting its potential to moderate gastric secretions and promote gut function.<sup>4</sup> The polysaccharide-rich inner fillet of aloe vera maintains healthy prostaglandin metabolism, immune mediator activity and antioxidant defenses.<sup>5-8</sup> In a randomized, double-blind clinical trial, volunteers reported positive intestinal support compared to placebo after 4 weeks of aloe vera supplementation.<sup>6†</sup>

### SUGGESTED USE

As a dietary supplement, take 2 capsules, twice daily, with or between meals.

### STORAGE

Store in a cool, dry place.

### WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

### SOURCE

- L-Glutamine is manufactured from the fermentation of vegetables
- N-Acetyl-d-glucosamine is derived from crab and shrimp
- Gamma oryzanol is derived from rice bran
- Aloe vera is a 200:1 extract derived from the inner fillet of *Aloe barbadensis* and standardized to contain 10% polysaccharides
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

### NOTES

Size 00 caps

Bottle count 120, 240

Order codes GI1, GI2

Bottle size 290 cc, 20 oz

### REFERENCES

1. Lima AA, et al. *Clinics (Sao Paulo)*. 2014;69(4):225-33.
2. Peng X, et al. *Burns*. 2004 Mar;30(2):135-9.
3. Salvatore S, et al. *Aliment Pharmacol Ther*. 2000 Dec;14(12):1567-79.
4. Itaya K, et al. *Nihon Yakurigaku Zasshi*. 1976 May;72(4):475-81.
5. Joseph B, Justin RS. *Int Journal Pharm Sci*. 2010. 4(2). 106-10.
6. Werawatganon D, et al. *World J Gastroenterol*. 2014 Dec 28;20(48):18330-7.
7. Qiu Z, et al. *Planta Med*. 2000 Mar;66(2):152-6.
8. Langmead L, et al. *Aliment Pharmacol Ther*. 2004 Apr 1;19(7):739-47.

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## SUPPLEMENT FACTS

2 capsules, twice daily, with or between meals.

Two (size 00) vegetarian capsules contain:

I-Glutamine (free-form)	1,000 mg
N-Acetyl-d-glucosamine (from crab, shrimp)	500 mg
Gamma oryzanol (from rice bran)	150 mg
Aloe vera ( <i>Aloe barbadensis</i> ) extract (inner fillet) (standardized to contain 10% polysaccharides)	50 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Contains shellfish (crab, shrimp)



G.I. Integrity <sup>†</sup>	Quantity	Order Code
	240	GII2
	120	GII1

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