

Folate

With Metafolin® L-5-MTHF; universally metabolized form of folate[†]

INDICATIONS

- Ages 18 and up
- Universally metabolized form of folate[†]

BENEFITS

- Supports methylation, which maintains healthy neurotransmission, DNA synthesis and gene regulation¹
- Provides all of the benefits of folic acid regardless of MTHFR genetic variations^{2†}
- Supports cardiovascular, cellular and neuronal health[†]

FEATURES

- Available in 400 mcg and 1,000 mcg
- Offers Metafolin® L-5-MTHF, a naturally occurring, universally metabolized form of folate
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

This formula has Metafolin® L-5 methyltetrahydrofolate (L-5-MTHF), a naturally occurring, universally metabolized form of folate. Unlike folic acid, L-5-MTHF does not require activation by DHFR (dihydrofolate reductase) and MTHFR (methylene tetrahydrofolate reductase), enzymes that are subject to functional and genetic variations that may reduce conversion efficiency.^{2-4†}

SUGGESTED USE

Folate 400

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

Folate 1,000

As a dietary supplement, take 1 capsule daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Metafolin®, L-5-methyltetrahydrofolate (L-5-MTHF) is synthetic
- Hypoallergenic plant fiber is derived from pine cellulose

NOTES

Folate 400

Size 3 caps

Bottle count 90

Order code FOL49

Bottle size 75 cc

Folate 1,000

Size 3 caps

Bottle count 90

Order code FOL19

Bottle size 75 cc

REFERENCES

1. Gropper SS, Smith JL, Groff JL. *Advanced Nutrition and Human Metabolism*. 5th ed. Belmont, CA: Wadsworth; 2009.
2. Prinz-Langenohl R, et al. *Br J Pharmacol*. 2009 Dec; 158(8): 2014-21.
3. Seremak-Mrozikiewicz A. *Ginekol Pol*. 2013 Jul;84(7):641-6.
4. Patanwala I, et al. *Am J Clin Nutr*. 2014 Aug;100(2):593-9.

Folate

With Metafolin® L-5-MTHF; universally metabolized form of folate[†]

SUPPLEMENT FACTS

1 capsule, 1–2 times daily, with meals.

Each (size 3) vegetarian capsule contains:

Folate (as Metafolin®, L-5-MTHF) 667 mcg DFE (400 mcg L-5-MTHF)

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



Folate 400	Quantity	Order Code
	90	FOL49

1 capsule daily, with a meal.

Each (size 3) vegetarian capsule contains:

Folate (as Metafolin®, L-5-MTHF) 1,667 mcg DFE (1,000 mcg L-5-MTHF)

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



Folate 1,000	Quantity	Order Code
	90	FOL19

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.