

EPA/DHA with liquid (lemon flavor)

Ultra-pure, microfiltered fish oil; Supports cardiovascular health and daily wellness[‡]

INDICATIONS

- Ages 3 and up
- Cardiovascular health[‡]
- Joint health support[‡]

BENEFITS

- Helps maintain healthy blood flow[‡]
- Promotes healthy lipid metabolism[‡]
- Supports joint health, flexibility and comfort[‡]

FEATURES

- Offers ultra-pure, microfiltered fish oil enhanced with lemon flavor
- Contains EPA/DHA triglyceride-form
- Convenient, great tasting liquid formula for easy dispensing

VERIFIABLE SCIENCE

Omega-3 essential fatty acids EPA and DHA are both important for various functions throughout the body. Research indicates that higher plasma levels of EPA and DHA are associated with cardiovascular health, joint comfort and cognitive health.¹⁻⁵ A randomized, double-blind, placebo-controlled study involving 223 individuals, indicated that fish oil supplementation promotes healthy arterial function.⁶ Fish oil supports connective tissue by moderating prostaglandin and leukotriene production. It also plays a role in moderating neutrophil activity and supporting joint comfort.⁷ A double-blind, placebo-controlled, prospective study involving 66 subjects revealed fish oils modulate immune mediator activity as well as provide support for joint flexibility.^{8‡}

SUGGESTED USE

As a dietary supplement, children ages 3-8, take ½ teaspoon daily, with a meal. Adults and children ages 9 and up, take 1 teaspoon daily, with a meal, or as directed by a health professional.

STORAGE

Store in a cool dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking medication, consult your health professional before use.

SOURCE

- Sourced mainly from sardines and anchovies off the coast of Chile or Norway. They have been tested for contaminants including heavy metals, dioxans and furans, PCBs, and peroxides
- Mixed tocopherols are sunflower and soybean oil derived

NOTES

Serving size 1 teaspoon (5ml/0.17 fl oz)

Servings per container 40

Order code EDL2

Bottle size 20 oz

REFERENCES

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5. Buydens-Branchey L, et al. Prog Neuropsychopharmacol Biol Psychiatry. 2008 Feb 15;32(2):568-75.
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EPA/DHA with liquid (lemon flavor)

Ultra-pure, microfiltered fish oil; Supports cardiovascular health and daily wellness[†]

SUPPLEMENT FACTS

Children ages 3-8, take 1/2 teaspoon daily, with a meal. Adults and children ages 9 and up, take 1 teaspoon daily, with a meal, or as directed by a health professional.

Serving size: 1 teaspoon (5 ml/0.17 fl oz)

Servings per container: 40

Each teaspoon (5 ml/0.17 fl oz) provides:

Calories	40
Total fat	4.5 g
Saturated fat	1 g
Polyunsaturated fat	2 g
Monounsaturated fat	1 g
Cholesterol	15 mg
Fish oil concentrate (from anchovies, sardines)	4,600 mg
Providing (typical):	
EPA (eicosapentaenoic acid)	740–825 mg
DHA (docosahexaenoic acid)	460–550 mg

Other ingredients: natural lemon flavor, proprietary antioxidant blend (rosemary leaf extract, ascorbyl palmitate, natural tocopherols)

Contains fish (anchovies, sardines)

This formula requires refrigeration after opening. Best when consumed within 90 days after opening. Contents may appear cloudy when refrigerated.



EPA/DHA liquid (lemon flavor)	Quantity	Order Code
	200 ml (7 fl oz)	EDL2

[†]This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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