

Cinnamon WS

Patented water-soluble extract; supports healthy glucose metabolism[†]

INDICATIONS

- Ages 18 and up
- Healthy glucose metabolism support[†]

BENEFITS

- Promotes healthy glucose metabolism[†]
- Supports lipid metabolism[†]
- Provides antioxidant support[†]

FEATURES

- Unique, patented water-soluble extract
- Standardized for polyphenols
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Cinnamon WS contains a patented, 100% water-soluble cinnamon (*Cinnamomum cassia*) extract standardized for polyphenols, which are the principal active constituents. Studies performed at the Beltsville USDA Human Nutrition Research Center suggest that these polyphenols are associated with the glucose-metabolizing and antioxidant properties of cinnamon.^{1,2} A clinical trial reported that supplementation with cinnamon promoted healthy glucose balance and was well tolerated. The investigators also reported that cinnamon provided statistically significant support for healthy lipid metabolism.³ Additional studies indicate that cinnamon extract promotes glucose utilization in skeletal muscle cells.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, twice daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Cinnamon extract (10-15:1) is derived from *Cinnamomum cassia* dried bark
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 3 caps

Bottle count 120

Order codes CI1

Bottle size 120 cc

REFERENCES

1. Lu T, et al. *Nutr Res.* 2012 Jun;32(6):408-12.
2. Roussel AM, et al. *J Am Coll Nutr.* 2009 Feb;28(1):16-21.
3. Khan A, et al. *Diabetes Care* December 2003. 26(12); 3215-3218.
4. Crawford P. *Am Board Fam Med.* 2009 Sep-Oct;22(5):507-12.

SUPPLEMENT FACTS

1 capsule, twice daily, with meals.

Each (size 3) vegetarian capsule contains:

Cinnamon (<i>Cinnamomum cassia</i>) extract (dried bark)	125 mg
Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate	

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Cinnamon WS	Quantity	Order Code
	120	CI1

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