

Chromium (picolinate)

Supports healthy glucose metabolism[†]

INDICATIONS

- Ages 18 and up
- Healthy lipid and glucose metabolism support[†]

BENEFITS

- Promotes healthy glucose and lipid metabolism[†]
- Supports healthy carbohydrate and fat utilization[†]

FEATURES

- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Chromium is a trace mineral that plays an important role in glucose and lipid metabolism, in part by maintaining healthy enzyme activity. Optimal levels of chromium promote healthy carbohydrate and fat utilization.^{1,2,3†}

SUGGESTED USE

Chromium (picolinate) 200 mcg:

As a dietary supplement, take 1 capsule, 1-3 times daily, with meals.

Chromium (picolinate) 500 mcg:

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Chromium is sourced naturally from earthen ore. Picolinate is synthetic
- Hypoallergenic plant fiber is derived from pine cellulose

NOTES

Chromium (picolinate) 200 mcg:

Size 3 caps

Bottle count 60, 180

Order codes CRP26, CRP21

Bottle size 75 cc, 120 cc

Chromium (picolinate) 500 mcg:

Size 3 caps

Bottle count 60, 180

Order codes CRP56, CRP51

Bottle size 75 cc, 120 cc

REFERENCES

1. Grant KE, et al. *Med Sci Sports Exerc.* 1997 Aug;29(8):992-8.
2. Rabinovitz H, et al. *Int J Vitam Nutr Res.* 2004 May;74(3):178-82.
3. Balk EM, et al. *Diabetes Care.* 2007. 30(8); 2154-2163.

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SUPPLEMENT FACTS

1 capsule, 1-3 times daily, with meals.

Each (size 3) vegetarian capsule contains:

Chromium (as chromium picolinate) 200 mcg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)



Chromium (picolinate) 200 mcg	Quantity	Order Code
	180	CRP21
	60	CRP26

1 capsule, 1-2 times daily, with meals.

Each (size 3) vegetarian capsule contains:

Chromium (as chromium picolinate) 500 mcg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)



Chromium (picolinate) 500 mcg	Quantity	Order Code
	180	CRP51
	60	CRP56

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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