

Arabinogalactan

Prebiotic fiber for immune support[†]

INDICATIONS

- Ages 18 and up
- Immune system support[†]

BENEFITS

- Supports immune cell function[†]
- Promotes healthy cytokine production[†]
- Enhances the growth of friendly microflora[†]

FEATURES

- A plant-based fiber found in North American larch trees
- The active constituent of echinacea
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Arabinogalactan (AG) is a fermentable prebiotic fiber found in high concentrations in North American larch trees. It is also a constituent of Echinacea. AG has the potential to support immune cells involved with the body's first line of defense.¹ AG may also promote healthy production of cytokines, which mediate cell-to-cell communication between cells involved in the immune response.^{1,2} A randomized, 4-week clinical trial in healthy adults suggested that AG also potentiates the complement system, another mechanism of defense in the body.³ Preliminary data suggests that AG also enhances the growth of friendly intestinal bacteria, including *Lactobacilli* and *Bifidobacteria*.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 3 times daily, between meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Arabinogalactan is sourced from North American larch tree extract
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil

NOTES

Size 00 caps

Bottle counts 90, 180

Order codes ARA9, ARA1

Bottle sizes 290 cc, 20 oz

REFERENCES

1. Dion C, et al. *Nutr Metab (Lond)*. 2016 Apr 12;13:28.
2. Hauer J, et al. *Cancer Immunol Immunother*. 1993;36(4):237-44.
3. Riede L, et al. *Curr Med Res Opin*. 2013 Mar;29(3):251-8.
4. Grieshop CM, et al. *J Nutr*. 2002 Mar;132(3):478-82.

SUPPLEMENT FACTS

1 capsule, 3 times daily, between meals.

Each (size 00) vegetarian capsule contains:

Arabinogalactan 500 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate



Arabinogalactan	Quantity	Order Code
	180	ARA1
	90	ARA9

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