

Alpha Lipoic Acid with GlucoPhenol®

Supports glucose metabolism[†]

INDICATIONS

- Ages 18 and up
- Glucose homeostasis[†]
- Cardiometabolic support[†]

BENEFITS

- Supports healthy glucose and fat metabolism[†]
- Promotes metabolic energy production[†]
- Provides support for cardiometabolic and vascular health[†]
- Antioxidant support[†]

FEATURES

- Includes GlucoPhenol®, a clinically studied, proprietary extract of cranberry and Orléans strawberry
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Alpha lipoic acid supports healthy glucose and fat metabolism by targeting a variety of cellular receptors and signaling pathways, including NFκB, which regulates immune mediator expression.^{1,2} GlucoPhenol® is a clinically studied, proprietary extract of cranberry and Orléans strawberry developed and studied as part of a research collaboration with the Institute of Nutrition and Functional Foods (INAF). In a 6-week randomized, double-blind, placebo-controlled clinical trial, subjects receiving 300 mg polyphenols from GlucoPhenol® per day exhibited a 14% improvement over baseline in glucose homeostasis.³ Orléans strawberry extract was found to directly support glucose disposal into cultured skeletal muscle cells.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-4 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Alpha lipoic acid (thioctic acid) is synthetic
- GlucoPhenol® proprietary blend contains 25 mg of polyphenols from Orléans strawberry. (*Fragaria vesca var Orléans*) extract (fruit) and cranberry (*Vaccinium macrocarpon*) extract (fruit)
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 0 caps

Bottle count 120

Order codes AGP1

Bottle size 190 cc

REFERENCES

1. Estrada DE, et al. *Diabetes*. 1996 Dec;45(12):1798-804.
2. Paquette M, et al. *Br J Nutr*. 2017 Feb;117(4):519-531.
3. Paquette M, et al. *Br J Nutr*. 2017 Feb;117(4):519-531.
4. Khanna S, et al. *Am J Physiol*. 1999 May;276(5 Pt 2):R1327-33.

SUPPLEMENT FACTS

1 capsule, 1-4 times daily, with meals.

Each (size 0) vegetarian capsule contains:

| | |
|--|--------|
| Alpha lipoic acid (thioctic acid) | 200 mg |
| GlucoPhenol® proprietary blend | 138 mg |
| providing 25 mg of polyphenols from Orléans strawberry (<i>Fragaria x ananassa</i>) extract (fruit) and cranberry (<i>Vaccinium macrocarpon</i>) extract (fruit) | |

Other ingredients: vegetarian capsule (cellulose, water), rice maltodextrin, hypoallergenic plant fiber (cellulose), ascorbyl palmitate, silicon dioxide

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| Alpha Lipoic Acid with GlucoPhenol® | Quantity | Order Code |
|-------------------------------------|----------|------------|
| | 120 | AGP1 |

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