

Adenosyl/Hydroxy B₁₂

Supports energy metabolism and neurological health[†]

INDICATIONS

- Ages 18 and up
- Nerve and mitochondria support[†]

BENEFITS

- Provides the form of vitamin B₁₂ stored in the mitochondria of cellular tissues[†]
- Promotes succinyl-CoA production[†]
- Supports healthy synthesis of neuronal myelin[†]

FEATURES

- A blend of unmethylated B₁₂ forms
- Part of the PureGenomics[®] product line
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Adenosyl/Hydroxy B₁₂ offers a unique blend of vitamin B₁₂, as adenosylcobalamin and hydroxycobalamin. Hydroxycobalamin is a precursor form of vitamin B₁₂ converted in the body to both methylcobalamin and adenosylcobalamin. It is similar to cyanocobalamin without the cyanide moiety. Adenosylcobalamin is an activated form similar to methylcobalamin. While methylcobalamin is found in the cytosol of cells and predominates in blood and other fluids, adenosylcobalamin is the major form of vitamin B₁₂ stored in the mitochondria of cellular tissues. It is a key cofactor in carbohydrate metabolism for the enzyme methylmalonyl-CoA mutase used to produce succinyl-CoA.¹ Optimal levels also support healthy synthesis of neuronal myelin.^{2†}

SUGGESTED USE

Adenosyl/Hydroxy B₁₂ capsules
As a dietary supplement, take 1 capsule, 1-3 times daily, with meals.

Adenosyl/Hydroxy B₁₂ liquid
As a dietary supplement, take 1 ml (1 full dropper), 1-3 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Adenosylcobalamin and hydroxycobalamin are derived from corn dextrose fermentation

NOTES

Adenosyl/Hydroxy B₁₂ capsules

Size 3 caps

Bottle count 90

Order code AHB9

Bottle size 75 cc

Adenosyl/Hydroxy B₁₂ liquid

Serving size 1 ml (0.03 fl oz) (1 full dropper)

Servings per container 30

Bottle quantity 30 ml (1 fl oz)

Order code AHBL

Bottle size 30 ml

REFERENCES

1. Willard HF, et al. *J Clin Invest.* 1980 Mar;65(3):690-8.
2. Yaqub BA, et al. *Clin Neurol Neurosurg.* 1992;94(2):105-11.

SUPPLEMENT FACTS

1 capsule, 1-3 times daily, with meals.

Each (size 3) vegetarian capsule contains:

Vitamin B₁₂ 2,000 mcg
(as adenosylcobalamin and 50% hydroxycobalamin)

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)



Adenosyl/Hydroxy B ₁₂	Quantity	Order Code
	90	AHB9

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Adenosyl/Hydroxy B₁₂

Supports energy metabolism and neurological health[†]

1 ml (1 full dropper), 1-3 times daily, with meals.

1 ml (0.03 fl oz) (1 full dropper) contains:

Vitamin B₁₂ 1,000 mcg

(formulated as adenosylcobalamin and 50% hydroxycobalamin)

Other ingredients: purified water, natural glycerin, citric acid, potassium sorbate



Adenosyl/Hydroxy B ₁₂ liquid	Quantity	Order Code
	30 ml (1 fl oz)	AHBL

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.