

## PureBi•Ome™ Intensive

Introduced 2014



## What Is It?

PureBi•Ome™ Intensive combines a clinically researched multi-strain probiotic blend with Saccharomyces boulardii to support healthy intestinal microflora balance and lessen the occurrence of occasional diarrhea.\*

## Special Features of PureBi•Ome™

- Innovative manufacturing technology effectively combines probiotics with other active ingredients for the first time without altering the viability of the probiotic organisms\*
  - This technology limits the water activity within the probiotic bacterial strains just before the point of tertiary protein structure collapse, allowing the organisms to remain in a quiescent state\*
- · Offers the highly researched consortium of probiotic bacteria\*
  - Each strain was chosen through a unique process designed to identify the strongest and most clinically effective probiotic strains\*
  - Scientific and clinical studies have been continuously conducted on the probiotic blend for over 15 years\*

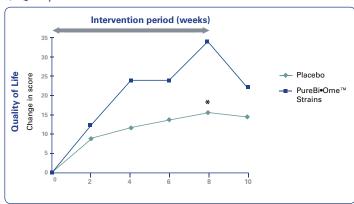
## Uses For PureBi•Ome™ Intensive

Gastrointestinal Health: PureBi•Ome™ Intensive offers 25 billion CFU per capsule of 4 clinically researched probiotic strains Lactobacillus acidophilus (NCIMB 30157), Lactobacillus acidophilus (NCIMB 30156), Bifidobacterium bifidum (NCIMB 30153) and Bifidobacterium lactis (NCIMB 30172), combined with 5 billion CFU Saccharomyces boulardii to support microflora balance, healthy bowel movements and gastrointestinal (G.I.) comfort. In two double-blind, placebo-controlled trial involving 30 and 162 subjects, supplementation with 25 billion CFU of this probiotic blend promoted a healthy microflora population in the G.I. tract. In two additional double-blind, placebo-controlled trials, supplementation with 25 billion CFU of the probiotic blend provided support for healthy intestinal microflora populations, supported abdominal comfort, bowel function and healthy elimination, and lessened the occurrence of occasional diarrhea. Saccharomyces boulardii is a probiotic yeast included for additional support for healthy bowel function. In a double-blind, controlled trial involving 151 individuals, S. boulardii supplementation lessened the occurrence of occasional diarrhea and supported overall bowel health. Research suggests that S. boulardii may stimulate enzyme secretions to support normal digestive functions and neutralize toxins for a healthy G.I. tract.\*

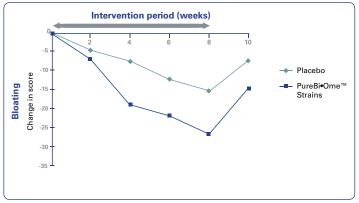
## Clinical Research

In a randomized placebo-controlled trial involving 52 people supplemented with 25 billion of the PureBi•Ome™ probiotic blend or placebo, probiotic supplementation promoted quality of life, G.I. comfort and bowel function; support diminished when supplementation was discontinued.

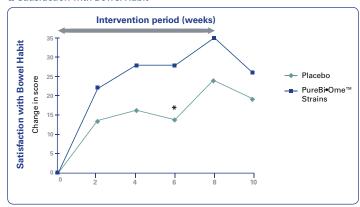
#### a) Ouality of life



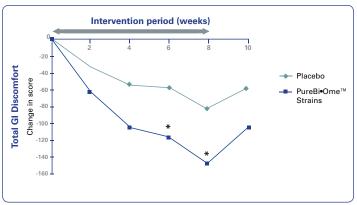
### b) Bloating



#### c) Satisfaction with Bowel Habit



#### d) Gastrointestinal Comfort



\*significant change (p < 0.05)

Figure 1. Mean change in scores for (a) quality of life (b) bloating (c) satisfaction with bowel habit (d) gastrointestinal comfort during the 10-week study

## What Is The Source?

Lactobacillus acidophilus (NCIMB 30157), Lactobacillus acidophilus (NCIMB 30156), Bifidobacterium bifidum (NCIMB 30153) and Bifidobacterium lactis (NCIMB 30172) are grown on a dairy-free soy-free medium. Saccharomyces boulardii is grown on a medium of molasses, vitamins and minerals. Hypoallergenic plant fiber is derived from pine cellulose.

## Recommendations

Pure Encapsulations recommends 1 capsule daily, with a meal.

# Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Probiotics may result in mild flatulence, which should subside with continued use. They may be contraindicated for use with immuno-compromised individuals. Consult your physician for more information.

## Are There Any Potential Drug Interactions?

Probiotics may be contra-indicated with immuno-suppressant medications. Consult your physician for more information.

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