## PureNutrients Gummy

### Great-tasting daily multivitamin gummy for adults and children

#### **INDICATIONS**

- Adults and children over 2
- Comprehensive daily wellness support<sup>†</sup>

#### **BENEFITS**

 Chelated minerals and activated vitamins promote optimal absorption

#### **FEATURES**

- Comprehensive multivitamin/mineral complex enhanced with organic berries and fruits
- Includes Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
- Convenient, great-tasting, fruit-flavored gummy for children and adults
- Enhanced with natural beta carotene
- Natural raspberry-lemonade flavor
- Contains only 2 grams of sugar per serving
- Lightly sweetened with prebiotic fiber isomaltooligosaccharides, apple puree, cane sugar, and stevia
- Made with vegetarian, and gelatin-free ingredients with no artificial flavors or colors

#### **VERIFIABLE SCIENCE**

PureNutrients Gummies are designed to support optimal health with a comprehensive blend of vitamins and minerals, including choline and chelated minerals for optimal absorption.<sup>1-3</sup> This multivitamin and mineral formula includes Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate.<sup>4</sup> It also contains natural beta carotene and an organic berry/fruit blend.<sup>5</sup> Naturally flavored and lightly sweetened with prebiotic fiber isomaltooligosaccharides.<sup>6†</sup>

#### SUGGESTED USE

As a dietary supplement, children ages 2 to 3, take 2 gummies daily, with a meal. Ages 4 and up, take 4 gummies daily, with meals.

#### **STORAGE**

Store in a cool, dry place.

#### **WARNING**

Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

#### **NOTES**

Size 2.2g per gummy

Bottle count 100

Order code PNG1

Bottle size 300 cc

Gluten-Free (certified)

#### **REFERENCES**

- 1. Wegmuller R, et. al. J Nutr. 2014 Feb;144(2):132-6.
- 2. Osendarp SJ, et. al. Am J Clin Nutr. 2007 Oct;86(4):1082-93.
- 3. Kaplan BJ, et. al. J Child Adolesc Psychopharmacol. 2004 Spring;14(1):115-22.
- 4. Prinz-Langenohl R, et al. Br J Pharmacol. 2009 Dec; 158(8): 2014–2021.
- 5. Whyte AR, et. al. Food Funct. 2017 Nov 15;8(11):4129-4138.
- 6. Yen CH, et. al. Nutrition. 2011 Apr;27(4):445-50.



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#### **SUPPLEMENT FACTS**

Ages 2 to 3, take 2 gummies daily, with a meal. Ages 4 and up, take 4 gummies daily, with meals.

#### Four gummies contain:

Calories	30
Total carbohydrate	7 g
Total sugars	2 g
Includes 2 g of added sugar (4 gummy dose)	
Vitamin A (as vitamin A palmitate and 60% beta carotene)	750 mcg
Vitamin C (as ascorbic acid)	80 mg
Vitamin D (as cholecalciferol) (D₃) 25 n	ncg (1,000 IU)
Vitamin E (as d-alpha tocopherol acetate)	10 mg
Vitamin K (as Vitamin $K_1$ )	120 mcg
Thiamin (as thiamin mononitrate)	1.5 mg
Riboflavin	1.7 mg
Niacin (as niacinamide)	11 mg
Vitamin B <sub>6</sub> (as pyridoxine HCI)	5 mg
Folate (as Metafolin®, L-5-MTHF) 400 mcg DFE (240 mcg	cg L-5-MTHF)
Vitamin B <sub>12</sub> (as methylcobalamin)	100 mcg
Biotin	100 mcg
Pantothenic acid (as calcium pantothenate) ( $B_5$ )	5 mg
Choline (as choline bitartrate)	30 mg
lodine (as potassium iodide)	112 mcg
Zinc (as zinc citrate)	9 mg
Chromium (as chromium picolinate)	50 mcg
Sodium (naturally occurring)	24 mg
Berry/Fruit blend (organic)	100 mg
strawberry fruit, raspberry fruit, blueberry fruit, tart cher	ry fruit,
pomegranate fruit, cranberry fruit, orange fruit, lemon fru	uit
Other ingredients: isomalto-oligosaccharides, purified water	er, apple
puree, cane sugar, pectin, natural raspberry and lemon flav	vors, citric

acid, sodium citrate, natural black carrot color, organic stevia leaf extract, organic sunflower oil, carnauba wax, medium chain triglycerides, hydroxypropyl cellulose, glycerin

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†Visit PureEncapsulationsPro.com for more information about our GMO policy.

