

# Vitamin C chewables

Antioxidant, immune, and vascular support<sup>†</sup>

## INDICATIONS

- Ages 4 and up
- Offers broad physiological support, including antioxidant, immune, and vascular support<sup>†</sup>

## BENEFITS

- Offers broad physiological support, including musculoskeletal, cardiovascular, neurocognitive, cellular and immune health<sup>†</sup>
- One tablet of Vitamin C chewables contains the same amount of vitamin C found in eight oranges\*

## FEATURES

- Great-tasting vitamin C chewable
- Natural orange-strawberry flavor
- Made with mineral ascorbates to be gentler on the stomach

## VERIFIABLE SCIENCE

Vitamin C offers a wide range of support for the human body, acting as one of the most potent dietary antioxidants and providing nutritional support to all physiological functions.<sup>1</sup> Vitamin C may provide protection from reactive oxygen species released as part of a normal immune response. It maintains healthy mast cell function and supports lymphocyte formation.<sup>2-4</sup> It also supports the body's defense system by enhancing white blood cell function and activity, and promoting interferon levels, antibody responses, and secretion of thymic hormones.<sup>5-7</sup><sup>†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 tablet, 1-2 times daily, or as directed by a health care professional.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Calcium: elemental ore
- Ascorbate: corn dextrose fermentation
- Xylitol: corn cob
- Ascorbyl palmitate: corn dextrose fermentation and palm oil-

## NOTES

Bottle count 100

Order code VCC6

Bottle size 290 cc

## REFERENCES

1. Carr A, Frei B. *Am J Clin Nutr.* 1999;69:1086–107.
2. Romero SA, et al. *Exp Physiol.* 2015 Apr 1;100(4):435-49.
3. Johnston CS, Solomon RE, Corte C. *J Am Coll Nutr.* 1996 Dec;15(6):586-91.
4. Lenton KJ, et al. *Am J Clin Nutr.* 2003 Jan;77(1):189-95.
5. Sasazuki S, et al. *Eur J Clin Nutr.* 2006 Jan;60(1):9-17.
6. Wintergerst ES, Maggini S, Hornig DH. *Ann Nutr Metab.* 2006;50(2):85-94.
7. Johnston CS, Barkyoumb GM, Schumacher SS. *Nutrients.* 2014 Jul 9;6(7):2572-83.

## SUPPLEMENT FACTS

**Children ages 4-8, take 1 chewable tablet daily, with a meal. Adults and children ages 9 and up, take 1 chewable tablet, 1-2 times daily, with a meal, or as directed by a health professional.**

**Each chewable tablet contains:**

Calories	5
Total Carbohydrate	2 g
Sugar Alcohol	2 g
Vitamin C (as calcium ascorbate, sodium ascorbate, ascorbic acid, ascorbyl palmitate)	525 mg
Calcium (as calcium ascorbate)	35 mg
Sodium (as sodium ascorbate)	20 mg
Other ingredients: mannitol, xylitol, natural orange and strawberry flavors with other natural flavors, hydroxypropyl cellulose	



Vitamin C chewables	Quantity	Order Code
	60	VCC6

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