

# Vinpocetine 20 mg

Supports cognitive function and cerebrovascular health<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Cognitive support<sup>†</sup>

## BENEFITS

- Supports cognitive function and cerebrovascular health<sup>†</sup>
- Promotes healthy memory function<sup>†</sup>
- Antioxidant properties may provide neuroprotection<sup>†</sup>

## FEATURES

- Naturally sourced from periwinkle leaves (*Vinca minor L*)
- Made with high-quality vegetarian ingredients backed by verifiable science

## VERIFIABLE SCIENCE

Vinpocetine is an alkaloid synthesized from vincamine, a natural compound extracted from the leaves of periwinkle (*Vinca minor L*). This compound was first developed in Europe over 40 years ago. Vinpocetine is absorbed in the small intestine and then processed in the liver. Once in systemic circulation, vinpocetine is absorbed by tissues in the body and crosses the blood brain barrier.<sup>1</sup> Studies initially reported that vinpocetine may provide neuroprotection via its antioxidant properties.<sup>2</sup> More recent data show that vinpocetine supports neuronal function by modulating phosphodiesterase 1 (PDE1) and promoting the actions of acetylcholine.<sup>3,4</sup> In a double-blind, placebo-controlled clinical trial, 84 elderly subjects were given vinpocetine or a placebo over a period of 90 days. Results indicated that those supplementing with vinpocetine experienced support for cognitive function.<sup>5</sup> An additional placebo-controlled, randomized, double-blind multicenter trial of 203 individuals also suggested that vinpocetine significantly supported cognition.<sup>6</sup> Vinpocetine also has the potential to support healthy memory, as indicated by a randomized, double-blind, crossover study.<sup>7†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-3 times daily, with a meal.

## STORAGE

Store in a cool, dry place.

## WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Vinpocetine is derived from vincamine, a natural compound extracted from the leaves of periwinkle (*Vinca minor L*)
- Hypo-allergenic plant fiber is derived from pine cellulose

## NOTES

Size 3 caps

Bottle count 120

Order code VI1

Bottle size 120 cc

## REFERENCES

1. Gulyás B, et al. *Eur J Nucl Med Mol Imaging*. 2002 Aug;29(8):1031-8.
2. Horvath B, et al. *Clin Neuropharmacol*. 2002 Jan-Feb;25(1):37-42.
3. Al-Kuraishy HM, et al. *Brain Circ*. 2020 Feb 18;6(1):1-10.
4. Heckman PR, et al. *Curr Pharm Des*. 2015;21(3):317-31.
5. Balestreri R, et al. *J Am Geriatr Soc*. 1987 May;35(5):425-30.
6. Hindmarch I, et al. *Int Clin Psychopharmacol*. 1991 Spring;6(1):31-43.
7. Subhan Z, et al. *Eur J Clin Pharmacol*. 1985;28(5):567-71.

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## SUPPLEMENT FACTS

1 capsule, 1-3 times daily, with a meal.

Each (size 3) vegetarian capsule contains:

Vinpocetine 20 mg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.



Vinpocetine 20 mg	Quantity	Order Code
	120	VI1

Visit [PureEncapsulationsPro.com](https://PureEncapsulationsPro.com) for more information about our GMO policy.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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