

R-Lipoic Acid (stabilized)

Antioxidant and metabolic support[†]

INDICATIONS

- Ages 18 and up
- Cellular energy and metabolic health support[†]
- Antioxidant support[†]

BENEFITS

- Supports neutralization of free radicals and enhancing cellular activity[†]
- Potential to provide enhanced antioxidant activity, cellular energy production and general metabolic function[†]

FEATURES

- Provides a highly bioavailable form of R-Lipoic acid
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Sodium R-alpha-lipoic acid is a highly bioavailable and stabilized form of R-lipoic acid. Regular R-lipoic acid is heat sensitive and may polymerize extensively, decreasing its absorption significantly. In real-time stability tests, sodium R-lipoic acid remained stable for 12 months. The natural R isomer of alpha-lipoic acid may provide enhanced antioxidant activity, while supporting energy production and general metabolic function.¹ Studies suggest that R-lipoic acid promotes glucose metabolism in skeletal muscle.² A University of California Berkeley study indicates that R-lipoic acid may be protective against age-related oxidative stress in the liver.³ Furthermore, a study at Oregon State University established a potential role for R-lipoic acid in protecting the heart from age-related oxidative stress.^{4†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Pure Encapsulations R-Lipoic Acid (stabilized) delivers 100 mg of actual R-lipoic acid per capsule from 143 mg of synthetically derived sodium R-alpha-lipoic acid
- Sodium is from sodium carbonate
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 1 caps

Bottle count 60/120

Order codes RLA6/RLA1

Bottle size 75 cc/190 cc

REFERENCES

1. Carlson C, et al. *Altern Med Rev.* 2007 Dec;12(4):343-51.
2. Saengsirisuwan V, et al. *Am J Physiol Endocrinol Metab.* 2004 Sep;287(3):E529-36.
3. Hagen TM, et al. *SEB J.* 1999 Feb;13(2):411-8.
4. Suh JH, et al. *FASEB J.* 2001 Mar;15(3):700-6.

SUPPLEMENT FACTS

1 capsule, 1-2 times daily, with meals.

Each (size 1) vegetarian capsule contains:

Sodium	14 mg
R-Lipoic acid	100 mg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), sodium carbonate, ascorbyl palmitate



R-Lipoic Acid (stabilized)	Quantity	Order Code
	120	RLA1
	60	RLA6

Visit PureEncapsulationsPro.com for more information about our GMO policy.