

# PureLean® Whey

Whey protein beverage powder to support healthy weight management†‡

### INDICATIONS

- Ages 18 and up
- Sports nutrition support†
- Healthy weight management† and daily wellness support†

### BENEFITS

- Highly purified, cold-processed, undenatured whey protein promotes healthy weight management†‡
- Encourages overall daily wellness with high-quality protein nutrition†

### FEATURES

- Cold processed whey from grass-fed cows using acid-free processing
- Instantized for easy mixing
- Great-tasting, naturally flavored formula

### VERIFIABLE SCIENCE

Highly purified, cold-processed, undenatured whey protein promotes healthy weight management† in combination with diet and exercise.<sup>1</sup> Whey protein contains branched chain amino acids, as well as immunoglobulins and lactoferrin to support nutritional health and immune system function.<sup>2</sup> Supports muscle function and muscle recovery with protein and branched chain amino acids.<sup>3,4</sup> Encourages daily wellness with high quality protein nutrition.†

### SUGGESTED USE

As a dietary supplement, add 1 serving to water, milk or juice. Blend with fresh or frozen fruit pieces if desired. Shake, stir or blend until smooth.

### STORAGE

Store in a cool, dry place.

### WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

### SOURCE

- Whey protein isolate is extracted using membrane technology to create a highly purified, undenatured protein isolate. The protein is sourced from cows in Idaho. The cows are grass-fed (pesticide-free) and are not treated with hormones. The whey protein is cold processed using acid-free processing
- Lecithin is derived from sunflower

### NOTES

Serving 26.4 g (1 scoop)

Bottle count 16.8 oz (475.2 g)

Order code PLW4

### REFERENCES

1. Layman DK, et al. *J Nutr.* 2009. 108; 145-156.
2. Cruzat VF, et al. *J Int Soc Sports Nutr.* 2014; 11: 61.
3. Farup J, et al. *Amino Acids.* 2014 Nov;46(11):2503-16.
4. Ra SG, et al. *J Sports Med Phys Fitness Actions.* 2018 Nov;58(11):1582-1591.

### SUPPLEMENT FACTS

Add 1 serving to 8 oz water, milk or juice. Blend with fresh or frozen fruit pieces if desired. Shake, stir, or blend until smooth.

Serving size: 26.4 g (1 scoop)  
Servings per container: 18

Each scoop (approximately 26.4 g) contains:

Calories	90
Total carbohydrates	1 g
Total sugars	<1 g
Protein	21 g
Sodium (naturally occurring)	45 mg
Other ingredients: whey protein isolate, sunflower lecithin, natural vanilla bean flavor, stevia leaf extract	

Contains milk



PureLean® Whey	Quantity	Order Code
	16.8 oz (475.2 g)	PLW4

†Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

‡Visit PureEncapsulationsPro.com for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.