

PureLean® Pure Pack

Comprehensive daily weight management support packet providing core nutrients, alpha-lipoic acid, taurine, GlucoPhenol®, fish oil and green tea††

INDICATIONS

- Ages 18 and up
- Healthy weight management support††
- Glucose metabolism and lipid utilization support†

BENEFITS

- Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise††
- Supports glucose and lipid metabolism†

FEATURES

- Vitamins and minerals in highly bioavailable forms
- Easily tolerated magnesium glycinate for sensitive individuals
- Lemon-flavored omega-3 fatty acids for reduced aftertaste
- Convenient, once-daily packet
- Part of the PureLean® line
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

PureLean® Pure Pack is designed to promote healthy glucose metabolism, lipid utilization and weight management† with a comprehensive profile of bioavailable vitamins, chelated minerals, fish oil and other ingredients. Activated B vitamins and magnesium act as cofactors in energy production pathways.^{1,2} Each pack also contains a number of metabolic synergists for healthy glucose utilization, including alpha lipoic acid, cinnamon, L-carnosine and GlucoPhenol®, a proprietary extract of cranberry and Orléans strawberry developed and studied as part of a research collaboration with the Institute of Nutraceuticals and Functional Foods (INAF).³⁻⁵ Taurine and green tea enhance fat metabolism.^{6,7} Omega-3 fatty acids support PPAR receptor function, promoting the expression of genes involved in glucose and lipid homeostasis.^{8†}

SUGGESTED USE

As a dietary supplement, take 1 packet daily (7 capsules), with a meal.

STORAGE

Store in a cool, dry place.

WARNING

Take with food. If you have liver problems, consult your health professional before use. Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

NOTES

Box count 30 packets

Order code PPP2B3

Each Packet contains: 7 capsules

PureLean® Nutrients: 3 vegetarian capsules

EPA/DHA with Lemon: 1 softgel capsule

Alpha Lipoic Acid with GlucoPhenol®: 1 vegetarian capsule

Magnesium (glycinate): 1 vegetarian capsule

Taurine: 1 vegetarian capsule

REFERENCES

1. Lamers Y, et al. *Am J Clin Nutr.* 2006 Jul;84(1):156-61.
2. Rodríguez-Moran M, Guerrero-Romero F. *Arch Med Res.* 2014 Jul;45(5):388-93.
3. Konrad T, et al. *Diabetes Care.* 1999 Feb;22(2):280-7.
4. Houjehani A, et al. *Nutr Res.* 2018 Jan;49:96-106.
5. Paquette M, et al. *Br J Nutr.* 2017 Feb;117(4):519-531.
6. Zhang M, et al. *Amino Acids.* 2004 Jun;26(3):267-71.
7. Quezada-Fernandez P, et al. *Int J Food Sci Nutr.* 2019 Dec;70(8):977-985.

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8. Mansoori A, et al. *J Clin Lipidol.* 2015;9(6); 770–777.

SUPPLEMENT FACTS

Take 1 packet daily (7 capsules), with a meal.

Seven capsules contain:

Calories	10
Total fat	1 g
Cholesterol	< 5 mg
Vitamin A (as beta carotene)	1,125 mcg
Vitamin C (as ascorbic acid)	250 mg
Vitamin D (as cholecalciferol) (D ₃)	25 mcg (1,000 IU)
Vitamin E (as d-alpha tocopherol succinate and natural tocopherols)	34 mg
Vitamin K (as vitamin K ₁)	50 mcg
Thiamin (as thiamin HCl) (B ₁)	12.5 mg
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.35 mg
Niacin (as niacin and 67% niacinamide)	37.5 mg
vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)
Vitamin B ₁₂ (as methylcobalamin)	250 mcg
Biotin	1,500 mcg
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg
Choline (as choline bitartrate)	20 mg
Calcium (as calcium citrate)	75 mg
Iodine (as potassium iodide)	100 mcg
Magnesium (as magnesium citrate and 62% magnesium glycinate)	195 mg
Zinc (as zinc citrate)	7.5 mg
Selenium (as selenomethionine)	35 mcg
Copper (as copper glycinate)	1 mg
Manganese (as manganese citrate)	1 mg
Chromium (as ChromeMate® chromium polynicotinate)	200 mcg
Potassium (as potassium citrate)	50 mg
Boron (as boron glycinate)	1 mg
Vanadium (as bis-glycinato oxo vanadium)	50 mcg
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg
Inositol	62 mg
FloraGLO® lutein	3 mg
Zeaxanthin	500 mcg
Alpha lipoic acid (thioctic acid)	350 mg

GlucoPhenol® proprietary blend providing 25 mg polyphenols from Orléans strawberry (<i>Fragaria x ananassa</i>) extract (fruit) and cranberry (<i>Vaccinium macrocarpon</i>) extract (fruit)	138 mg
Cinnamon (<i>Cinnamomum cassia</i>) extract (dried bark)	50 mg
L-Carnosine (beta-alanyl-L-histidine)	25 mg
Taurine (free-form)	1,150 mg
Green tea (<i>Camellia sinensis</i>) extract (leaf) (providing 23% epigallocatechin gallate (EGCG))	50 mg
Pterostilbene	20 mg
Fish oil concentrate (from anchovies, sardines, mackerel) Providing: EPA (eicosapentaenoic acid) DHA (docosahexaenoic acid)	900 mg 300 mg 200 mg
Other ingredients: vegetarian capsule (cellulose, water), gelatin capsule (gelatin, glycerin, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, rice maltodextrin, natural lemon flavor, rosemary leaf extract, natural tocopherols	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

GlucoPhenol® is a registered trademark used by Pure Encapsulations under license.

CinSulin® is a registered trademark of Beijing Tang-An Nutrition & Healthcare Products Co., Ltd.

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.

®FloraGLO is a registered trademark of Kemin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

Contains fish (anchovies, sardines, mackerel)

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PureLean® Pure Pack	Quantity	Order Code
	30 packets	PPP2B3

†Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

Visit PureEncapsulationsPro.com for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.