# **PS Plus**

# Enhanced support for cognitive function<sup>†</sup>

## **INDICATIONS**

- Ages 18 and up
- Cognitive and memory support<sup>†</sup>

#### **BENEFITS**

- Supports memory, mental processing and overall cognitive function<sup>†</sup>
- Provides support for normal age-associated memory decline<sup>†</sup>
- Enhances verbal recognition and recall<sup>†</sup>

#### **FEATURES**

- Made with soy-free phosphatidylserine, derived from sunflower lecithin
- Proprietary blend provides an antioxidant and phytochemical complex from wild blueberry, Orléans strawberry and spinach
- Made with high-quality vegan ingredients backed by verifiable science

#### **VERIFIABLE SCIENCE**

PS Plus provides Sharp-PS® GREEN, a soy-free phosphatidylserine, derived from sunflower lecithin. Phosphatidylserine (PS) is the most abundant phospholipid in the brain, where it supports neuron membrane fluidity, signal transduction and cell-tocell communication for healthy neurocognitive function. PS provides support for normal ageassociated memory decline in the elderly as well as support for overall learning, recall and processing capacity. These effects on cognitive performance were also observed in a study of young adults.<sup>2</sup> The efficacy of Sharp-PS® supporting mental capabilities in elderly persons with mild, age-related memory loss was explored in an open label study. The results suggest support for memory recognition, memory recall, verbal recognition and verbal recall.34

#### SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

### **STORAGE**

Store in a cool, dry place.

#### **WARNING**

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

#### **SOURCE**

- Phosphatidylserine is derived from sunflower lecithin
- Wild blueberry extract is derived from Vaccinium angustifolium fruit
- Strawberry extract is derived from Fragaria vesca var. Orléans
- Spinach extract is derived from Spinacia oleracea leaf
- Hypo-allergenic plant fiber is derived from pine cellulose
- Maltodextrin is derived from corn

#### **NOTES**

Size 00 caps

Bottle count 60

Order code PSP26

Bottle size 190 cc

### **REFERENCES**

- 1. Cenacchi T, et al. Aging (Milano). 1993 Apr;5(2):123-33.
- 2. Benton D, et al. Nutr Neurosci. 2001;4(3):169-78.
- 3. Schreiber S, et al. Isr J Psychiatry Relat Sci. 2000;37(4):302-7.



# PS Plus

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## **SUPPLEMENT FACTS**

1 capsule, 1-2 times daily, with meals.

Each (size 00) vegetarian capsule contains:

Sharp-PS® GREEN phosphatidylserine

150 mg

(from sunflower lecithin) (soy-free)

150 mg

PhytoMemory proprietary blend providing wild blueberry (Vaccinium angustifolium) extract (fruit), Orléans strawberry (Fragaria x ananassa) extract (fruit), and spinach (Spinacia oleracea) juice concentrate (leaf)

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), maltodextrin, silicon dioxide, tricalcium phosphate, ascorbyl palmitate

Sharp-PS® is a registered trademark of Enzymotec Ltd.











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