# Nitric Oxide Ultra (capsules)

## Supports nitric oxide production and healthy blood $\mathsf{flow}^{\scriptscriptstyle\sharp}$

#### **INDICATIONS**

- Ages 18 and up
- Healthy blood flow support<sup>‡</sup>
- Athletic performance recovery support<sup>\*</sup>

#### BENEFITS

- Promotes healthy blood flow including flow mediated dilation (FMD)<sup>‡</sup>
- Supports vascular health<sup>‡</sup>
- Supports healthy nitric oxide production<sup>‡</sup>

### **FEATURES**

- Contains CranLoad<sup>®</sup> cranberry and grape extract
- Made with high-quality vegan ingredients backed by verifiable science

### **VERIFIABLE SCIENCE**

Nitric Oxide Ultra (capsules) offers a blend of CranLoad® and citrulline to support healthy blood flow by targeting nitric oxide production and flowmediated dilation. The formula centers around CranLoad<sup>®</sup>, a fruit blend developed as part of an extensive research program with the Institute of Nutrition and Functional Foods (INAF) and Université Laval in Quebec, Canada. CranLoad® delivers a unique cranberry and grape seed blend that has been the subject of several trials on arterial function and athletic performance. Cranberries and grapes are particularly generous sources of proanthocyanidins and polyphenols. In addition to being antioxidants, these compounds support vascular health and endothelial function through a variety of mechanisms. Research indicates that CranLoad® provides significant support for healthy flow-mediated dilation (FMD). FMD reflects blood vessel dilation mediated by nitric oxide synthase (NOS), an enzyme that generates the endogenous vasodilator, nitric oxide. The increase was similar to published values for high doses of I-arginine.<sup>1,4</sup> Citrulline is included to support nitric oxide production by NOS in the blood vessel endothelium and other tissues. Research indicates that citrulline increases plasma arginine in a dose dependent manner and to a greater degree than arginine supplementation.54

#### SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-2 times daily, between meals.

### STORAGE

Store in a cool, dry place.

#### WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

#### SOURCE

- CranLoad® is derived from a proprietary blend of cranberry extract derived from Vaccinium macrocarpon fruit and grape seed extract derived from Vitis vinifera
- L-Citrulline is derived from corn glucose fermentation
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

### NOTES

Size 00 caps Bottle count 120 Order code NXC1 Bottle size 290 cc

#### REFERENCES

- Bai Y, et al. Am J Clin Nutr. 2009 Jan;89(1):77-84.
- 2. Natella F, et al. J Agric Food Chem. 2002;50(26); 7720–7725.
- 3. Ruel G, et al. Metabolism. 2005 Jul;54(7):856-61.
- 4. Labonte K et al. Sports. 2013;1(3); 55-68.
- 5. Schwedhelm, et al. Br J Clin Pharmacol. 2008 Jan;65(1):51-9.

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### SUPPLEMENT FACTS

#### 2 capsules, 1-2 times daily, between meals.

#### Two (size 00) vegetarian capsules contain:

I-Citrulline (free-form)	1,000 mg
CranLoad® proprietary blend	382 mg
providing cranberry (Vaccinium macrocarpon) extract (fruit) and	
grape (Vitis vinifera) extract (seed)	

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

CranLoad® is a trademark of Société des Produits Nestlé S.A. used under license by Pure Encapsulations, LLC.



Nitric Oxide Ultra (capsules) Quantity Order Code

120 NXC1

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\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.