

# LiquiNutrients

Liquid multivitamin/mineral complex enhanced with organic fruits and vegetables for daily wellness ‡

## INDICATIONS

- Adults and children over 4
- Daily wellness support<sup>‡</sup>

## BENEFITS

- Activated vitamins and chelated minerals for optimal absorption
- Supports daily wellness<sup>‡</sup>

## FEATURES

- Liquid multivitamin/mineral complex enhanced with organic fruits and vegetables
- Made without added sugar, fructose or artificial flavors and sweeteners
- Convenient, great-tasting liquid formula for easy dispensing
- Made with high-quality vegetarian ingredients backed by verifiable science

## VERIFIABLE SCIENCE

LiquiNutrients provides an extensive blend of vitamins, including vegan vitamin D<sub>3</sub>, and chelated minerals for optimal absorption.<sup>1</sup> This formula also provides natural beta carotene, lutein, organic berries and vegetables to support daily wellness.<sup>2-4‡</sup>

## SUGGESTED USE

As a dietary supplement, take 2 teaspoons daily, with a meal.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Vitamin C: corn dextrose fermentation
- Vitamin D<sub>3</sub> (cholecalciferol): from lichen
- Vitamin E: soybean oil
- Vitamin B<sub>1</sub> (thiamine HCl): synthetic
- Vitamin B<sub>2</sub> (riboflavin): corn dextrose fermentation

- Niacinamide and Niacin: synthetic
- Vitamin B<sub>5</sub> (calcium pantothenate): synthetic
- Vitamin B<sub>6</sub> (pyridoxal HCl): synthetic
- Folic acid: synthetic
- Biotin: synthetic
- Minerals: naturally derived from lime of rock
- Beta carotene: *D. salina* (algae)
- Lutein: marigold
- Aspartate: synthetic
- Citrate: corn dextrose fermentation
- Gluconate: corn dextrose fermentation
- Natural vegetable glycerin is derived from coconut, palm and palm kernel oil
- Natural mango and orange flavors are derived from the fruits
- Citric acid is derived from corn dextrose fermentation
- Maltodextrin is derived from corn
- Cranberry juice concentrate is derived from the whole fruit and includes the fiber and seed oil
- Carrot juice concentrate is derived from organic *Daucus carota* root
- Tomato juice concentrate is derived from organic *Lycopersicon esculentum* fruit

## NOTES

Serving size 2 tsp (10 ml/0.34 fl oz)

Bottle count 230 ml (23 servings)

Order code LQN32

Bottle size 250 ml

## REFERENCES

1. Lindberg JS, et al. *J Am Coll Nutr.* 1990 Feb;9(1):48-55
2. Hickenbottom SJ, et al. *Am J Clin Nutr.* 2002 May;75(5):900-7.
3. Renzi-Hammond LM, et al. *Nutrients.* 2017 Nov 14;9(11):1246
4. Kawashima A, et al. *Asia Pac J Clin Nutr.* 2007;16(3):411-21.

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## SUPPLEMENT FACTS

2 teaspoons daily, with a meal.

Serving size: 2 tsp (10 ml/0.34 fl oz), servings per container: 23

Two teaspoons (10 ml/0.34 fl oz) contain:

Calories	15
Total carbohydrate	4 g
Vitamin A (as beta carotene)	300 mcg
Vitamin C (as ascorbic acid)	100 mg
Vitamin D (as cholecalciferol) (D <sub>3</sub> ) (from lichen)	20 mcg (800 IU)
Vitamin E (as d-alpha tocopherol acetate)	20 mg
Thiamin (as thiamin HCl)	7.5 mg
Riboflavin (as riboflavin-5-phosphate)	4 mg
Niacin (as niacinamide)	25 mg
Vitamin B <sub>6</sub> (as pyridoxine HCl)	5 mg
Biotin	400 mcg
Pantothenic acid (as calcium pantothenate) (B <sub>5</sub> )	25 mg
Calcium (as calcium citrate)	40 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc gluconate)	12 mg
Manganese (as manganese gluconate)	1 mg
Chromium (as chromium nicotinate glycinate)	200 mcg
Boron (as boron glycinate)	0.7 mg
FloraGLO® lutein	3 mg
Fruit and vegetable powder blend (organic)	150 mg

strawberry fruit, tart cherry fruit, blackberry fruit, blueberry fruit, raspberry fruit, beet root, carrot root, spinach leaf, broccoli stem and floret, tomato fruit, kale leaf, cabbage leaf, parsley leaf, Brussels sprout edible head, green bell pepper fruit, cucumber whole fruit, celery stalk, garlic bulb, ginger root, green onion, cauliflower curd, asparagus stalk

Other ingredients: purified water, natural vegetable glycerin, apple juice concentrate, lemon crème flavor with other natural flavors, medium chain triglycerides, xanthan gum, purified stevia leaf extract, citric acid, potassium sorbate, rosemary leaf extract, natural mixed tocopherols

Made with Vitashine.

\*FloraGLO is a registered trademark of Kemin Industries, Inc.



LiquiNutrients	Quantity	Order Code
	230 ml (7.8 fl oz)	LQN32

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‡These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.