

Krill-plex

Complex of omega-3 fatty acids, phospholipids and antioxidants; supports healthy prostaglandin production for cardiovascular, joint, cognitive and skin health[†]

INDICATIONS

- Ages 18 and up
- Cognition and cardiovascular support[†]
- Joint and skin support[†]

BENEFITS

- Support for healthy cognitive and cardiovascular function[†]
- Promotes joint and skin health[†]
- May support physical and emotional well-being during menstrual cycles[†]

FEATURES

- Offers a naturally occurring complex of omega-3 and omega-6 fatty acids, phospholipids and astaxanthin
- Convenient, easy-to-swallow softgel

VERIFIABLE SCIENCE

Krill oil is unique in that it offers a naturally occurring complex of omega-3 and omega-6 fatty acids, phospholipids and astaxanthin.¹ This phospholipid-fatty acid molecule closely resembles that of human brain phospholipids, providing potential support for cognitive function.² The essential fatty acids in krill oil may also mediate hormone, prostaglandin and neurotransmitter function to support menstruating women. A double-blind, randomized clinical trial suggested that krill oil promoted physical and emotional well-being during the menstrual cycles of women volunteers.³ Krill oil also provides an ideal essential fatty acid balance for healthy cardiovascular and platelet function.⁴ A prospective phase II randomized, double-blind, clinical trial suggested that krill oil supports healthy lipid and glucose metabolism.⁵ A prospective controlled pilot clinical trial reported that krill oil supplementation helped promote joint flexibility and comfort.^{6†}

SUGGESTED USE

As a dietary supplement, take 2 capsules daily, with a meal, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Do not take if you are sensitive to shellfish.

SOURCE

- Krill oil is derived from Antarctic krill (shellfish), *Euphausia superba* and typically contains 100 IU vitamin A (all trans retinol) (naturally occurring), 0.5 IU vitamin E and 56 mg choline (naturally occurring)

NOTES

Size 13 softgel

Bottle counts 60, 120

Order codes KP6, KP1

Bottle sizes 120 cc, 190 cc

REFERENCES

1. Takaichi S, et al. *Comp Biochem Physiol B Biochem Mol Biol*. 2003 Oct;136(2):317-22.
2. Konagai C, et al. *Clin Interv Aging*. 2013;8:1247-57.
3. Sampalis F, et al. *Altern Med Rev*. 2003 May;8(2):171-9.
4. Skarpańska-Stejnborn A, et al. *J Human Kinetics*. 2010;25(9): 49 - 57.
5. Bunea R, et al. *Altern Med Rev*. 2004 Dec;9(4):420-8.
6. Deutsch L. *J Am Coll Nutr*. 2007 Feb;26(1):39-48.

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SUPPLEMENT FACTS

2 softgel capsules daily, with a meal, or as directed by a health professional.

Two (size 13) softgel capsules contain:

Calories	5
Total fat	0.5 g
Cholesterol	10 mg
Krill oil	1,000 mg
Providing:	
EPA (eicosapentaenoic acid)	148 mg
DHA (docosahexaenoic acid)	66 mg
Other omega-3 fatty acids	62 mg
Phospholipids	496 mg
Astaxanthin	396 mcg

Other ingredients: gelatin capsule (gelatin, glycerin, water, sorbitol, ethyl vanillin)

The krill oil in Krill-plex is NKO[®], which is a registered trademark of Aker BioMarine Antarctic AS.

Contains shellfish (krill)



Krill-plex	Quantity	Order Code
	120	KP1
	60	KP6

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.