

Iron Liquid

Supports red blood cell function and energy production[‡]

INDICATIONS

- Ages 4 and up
- Red blood cell function support[‡]
- Energy production support[‡]

BENEFITS

- Helps transport oxygen and carbon dioxide throughout the body[‡]
- Supports hemoglobin and myoglobin function[‡]
- Provides antioxidant and microvascular support[‡]
- Promotes energy production[‡]

FEATURES

- Contains SunActive® Fe, a micronized water-soluble form of iron with high bioavailability
- Includes CranBlue blend of cranberries and blueberries
- Convenient, great-tasting liquid formula for easy dispensing
- Made with high-quality vegetarian ingredients backed by verifiable science

VERIFIABLE SCIENCE

Pure Encapsulations Iron liquid contains SunActive® Fe, a micronized water-soluble form of iron with high bioavailability. Research indicates SunActive® Fe iron pyrophosphate bioavailability is similar to ferrous sulfate.¹ In a 16-week randomized, double-blind, placebo-controlled study involving 122 women, supplementation promoted healthy iron status, including hemoglobin, ferritin and transferrin saturation.² A blend of cranberry and blueberry fruit extracts offers antioxidant protection and additional microvascular support.^{3‡}

SUGGESTED USE

As a dietary supplement, children ages 4-18, take 1 teaspoon daily, with a meal. Adults, take 1 teaspoon, 1-2 times daily, with meals, or as directed by a health professional.

STORAGE

Keep refrigerated after opening shake well before use.

WARNING

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Iron is sourced naturally from the lime of rock.
- Cranberry extract is derived from *Vaccinium macrocarpon* fruit.
- Wild blueberry extract is derived from *Vaccinium angustifolium* fruit.
- Natural vegetable glycerin is derived from coconut, palm and palm kernel oil.
- Maltodextrin is derived from corn.
- Polyglycerol esters are derived from palm and/or canola oil.
- Lecithin is derived from soy.

NOTES

Serving size 1 teaspoon (5 ml/0.17 fl oz)

Serving per container 24

Order code IRL

Bottle size 120 ml

REFERENCES

1. Fidler MC, et al. *Br J Nutr.* 2004 Jan;91(1):107-12.
2. Blanco-Rojo R, et al. *Br J Nutr.* 2011 Jun;105(11):1652-9.
3. Johnson SA, et al. *J Acad Nutr Diet.* 2015 Mar;115(3):369-77.

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SUPPLEMENT FACTS

1 teaspoon, 1-2 times daily, with meals.

Serving size: 1 teaspoon (5 ml/0.17 fl oz)

Servings per container: 24

One teaspoon (5 ml/0.17 fl oz) contains:

Iron (as iron ferric pyrophosphate) 15 mg

CranBlue proprietary blend 30 mg

Providing cranberry (*Vaccinium macrocarpon*) extract (fruit)
and wild blueberry (*Vaccinium angustifolium*) extract (fruit)

Other ingredients: purified water, natural vegetable glycerin, apple juice concentrate, maltodextrin, natural pomegranate with other natural flavors, xanthan gum, potassium sorbate, sunflower lecithin

SunActive® Fe is a registered trademark of Taiyo International, Inc.

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Iron liquid	Quantity	Order Code
	120 ml (4.1 fl oz)	IRL

[‡]These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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