

# ChromeMate® GTF 600

Supports healthy glucose metabolism<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Healthy glucose metabolism support<sup>†</sup>
- Lean body composition support<sup>†</sup>

## BENEFITS

- Helps maintain healthy glucose metabolism<sup>†</sup>
- Promotes lean muscle mass<sup>†</sup>
- ChromeMate® has been clinically studied for its potential role in supporting healthy body composition when combined with a healthy diet and exercise<sup>†</sup>

## FEATURES

- ChromeMate® is a dietary supplement that provides the benefits of chromium and nicotinic acid in one supplement<sup>†</sup>
- Made with high-quality vegan ingredients backed by verifiable science

## VERIFIABLE SCIENCE

Chromium is a trace mineral that plays an important role in glucose and lipid metabolism, as well as enzyme activation. Optimal levels of chromium promote healthy carbohydrate and fat utilization. ChromeMate® has been clinically studied for its potential role in supporting healthy body composition when combined with a healthy diet and exercise. One study showed that ChromeMate® combined with exercise was more effective than exercise alone in supporting healthy glucose metabolism.<sup>1</sup> A similar study at Georgetown University also suggested that ChromeMate® may support healthy weight management<sup>†</sup> while preserving lean muscle mass in overweight women.<sup>2</sup> The potential for ChromeMate® to promote Glucose Tolerance Factor (GTF) activity contributes to its ability to maintain healthy glucose metabolism and to support healthy body composition.<sup>3†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 capsule daily, with a meal.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult a health professional before use.

## SOURCE

- ChromeMate® is synthetically produced through a specialized process from the highest quality chromium chloride (trivalent chromium) and niacin.
- Hypo-allergenic plant fiber is derived from pine cellulose.

## NOTES

Size 3 caps

Bottle count 60/180

Order codes CRG66/CRG61

Bottle size 75 cc/120cc

## REFERENCES

1. Grant KE, et al. *Med Sci Sports Exerc.* 1997 Aug;29(8):992-8.
2. Crawford V, et al. *Diabetes Obes Metab.* 1999 Nov;1(6):331-7.
3. Frauchiger MT, et al. *J Am Coll Nutr.* 2004 Aug;23(4):351-7.

## SUPPLEMENT FACTS

**1 capsule daily, with a meal.**

**Each (size 3) vegetarian capsule contains:**

Chromium (as chromium polynicotinate)	600 mcg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.



ChromeMate® GTF 600	Quantity	Order Code
	180	CRG61
	60	CRG66

<sup>†</sup>Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

Visit [PureEncapsulationsPro.com](http://PureEncapsulationsPro.com) for more information about our GMO policy.