

Calcium (MCHA)

Supports healthy bone mineral composition[†]

INDICATIONS

- Ages 18 and up
- Bone support[†]

BENEFITS

- Supports bone mineral composition[†]
- Promotes bone health[†]

FEATURES

- Offers bone-derived calcium microcrystalline hydroxyapatite (MCHA), containing minerals in their natural ratios, as well as residues of matrix, proteins, and glycosaminoglycans
- Sourced from pasture-fed, pesticide-free cows in New Zealand or Australia
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Several clinical studies have reported that calcium hydroxyapatite supplementation supports bone mineral composition and promotes bone health.¹⁻³ Adequate calcium intake helps to optimize peak bone mass during adolescence and early adulthood in conjunction with exercise and healthy diet.⁴ Calcium intake greater than 2,000 mg per day has no further known benefit to bone health.^{5†}

SUGGESTED USE

As a dietary supplement, take 1 capsule daily, with or between meals, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Pure Encapsulations calcium microcrystalline hydroxyapatite is obtained from pasture-fed, pesticide-free bovine from New Zealand or Australia

NOTES

Size 00 caps

Bottle count 180

Order code CH31

Bottle size 20 oz

REFERENCES

1. Bristow SM, et. al. *Br J Nutr.* 2014 Nov 28;112(10):1611-20.
2. Castelo-Branco C, et. al. *Menopause.* 2009 Sep-Oct;16(5):984-91
3. Ciria-Recasens M, et al. *Clin Drug Investig.* 2011 Dec 1;31(12):817-24.
4. Sunyecz, JA. *Ther Clin Risk Manag.* 2008 Aug; 4(4): 827-836.
5. Fairweather-Tait SJ, et al. *Nutr Rev* 2002;60:360-7.

SUPPLEMENT FACTS

1 capsule daily, with or between meals, or as directed by a health professional.

Each (size 00) vegetarian capsule contains:

Calcium (from microcrystalline hydroxyapatite) (bovine) 250 mg
 Other ingredients: vegetarian capsule (cellulose, water)



Calcium (MCHA)	Quantity	Order Code
	180	CH31

Visit PureEncapsulationsPro.com for more information about our GMO policy.