

Cal/Mag/D liquid

Supports healthy bone mineral composition[†]

INDICATIONS

- Ages 9 and up
- Healthy bone support[†]

BENEFITS

- Enhances healthy bone mineralization[†]
- Promotes calcium utilization[†]
- Supports cardiovascular and skeletal health[†]

FEATURES

- Provides calcium and magnesium in a 2:1 ratio combined with vitamin D₃
- Great-tasting, raspberry liquid
- Made with high-quality, vegetarian ingredients, backed by verifiable science

VERIFIABLE SCIENCE

Multiple randomized, double-blind, placebo-controlled studies have reported statistically significant positive results using calcium supplementation to support bone health for both women and men.¹⁻³ Magnesium, like calcium, is an essential bone matrix mineral that promotes healthy bone metabolism.⁴ Supplementation with calcium and magnesium provides synergistic support for bone health.⁵ Adequate calcium intake helps support peak bone mass during adolescence and early adulthood in conjunction with exercise and healthy diet.⁶ Calcium intake greater than 2,000 mg per day has no further known benefit to bone health.⁷ Vitamin D promotes intestinal calcium and phosphorous absorption and reduces urinary calcium loss, essential mechanisms for maintaining healthy calcium levels in the body and for healthy bone composition.⁸ Magnesium supports cardiovascular health by helping to maintain healthy levels of cellular and plasma electrolytes, including calcium and potassium.⁹ Vitamin D may also provide cardiovascular support for some individuals; this has been attributed to its effect on calcium metabolism or possibly by helping to maintain healthy plasma renin function.¹⁰ Additionally, calcium and magnesium may help to promote healthy lipid metabolism.^{11†}

SUGGESTED USE

As a dietary supplement, take 2 teaspoons daily, with a meal, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Calcium and magnesium are derived from limestone
- Citrate is derived from corn dextrose fermentation
- Vitamin D₃ is derived from lanolin

NOTES

Serving size 2 tsp (10 ml/0.33 fl oz)

Servings per container 48

Bottle size 480 ml (16.2 fl oz)

Order code CML

REFERENCES

1. Dawson-Hughes B, et. al. *N Engl J Med.* 1990 Sep 27;323(13):878-83.
2. Ruml LA, et. al. *Am J Ther.* 1999 Nov;6(6):303-11.
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5. Abraham GE, et. al. *J Reprod Med.* 1990 May;35(5):503-7.
6. Sunyecz JA. *Ther Clin Risk Manag.* 2008 Aug; 4(4): 827-836.
7. Fairweather-Tait SJ, et al. *Nutr Rev* 2002;60:360-7.
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10. Anderson JL, et al. Am J Cardiol. 2010 Oct 1;106(7):963-8.
11. Reid IR, et. al. Am J Med. 2002 Apr 1;112(5):343-7.

SUPPLEMENT FACTS

2 teaspoons daily, with a meal.

Serving size: two teaspoons (10 ml/0.33 fl oz)

Servings per container: 48

Two teaspoons (10 ml/0.33 fl oz) contain:

Vitamin D (as cholecalciferol) (D ₃)	25 mcg (1,000 IU)
Calcium (as calcium citrate)	350 mg
Magnesium (as magnesium citrate)	175 mg

Other ingredients: purified water, xylitol, natural raspberry flavor, citric acid, medium chain triglycerides, xanthan gum, purified stevia leaf extract, potassium sorbate, rosemary leaf extract, natural mixed tocopherols



Cal/Mag/D liquid	Quantity	Order Code
	480 ml (16.2 fl oz)	CML

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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