

# Buffered Ascorbic Acid capsules

## Vitamin C for sensitive individuals

### INDICATIONS

- Ages 18 and up
- Antioxidant and immune system support<sup>†</sup>
- Vascular health support<sup>†</sup>
- Suitable for individuals with gastric sensitivity

### BENEFITS

- Antioxidant support for cellular health<sup>†</sup>
- Supports the body's defense systems by promoting white blood cell function and antibody response<sup>†</sup>
- Provides reduced gastric irritation for sensitive individuals<sup>†</sup>
- Assists in iron absorption<sup>†</sup>
- Promotes collagen formation<sup>†</sup>

### FEATURES

- Buffered ascorbic acid with minerals to create a neutral pH vitamin C
- Made with high-quality vegan ingredients backed by verifiable science

### VERIFIABLE SCIENCE

Buffered ascorbic acid combines calcium ascorbate, magnesium ascorbate, and potassium ascorbate to create a neutral pH vitamin C. This special form of ascorbic acid lessens possible gastric irritation in sensitive individuals. Vitamin C is an antioxidant and free radical scavenger with a wide range of functions.<sup>1-5</sup> It supports the body's defense system by promoting white blood cell function and activity, interferon levels, antibody responses, and secretion of thymic hormones.<sup>2</sup> It is also essential for the formation and maintenance of intercellular ground substance and collagen.<sup>3</sup> Vitamin C aids in the absorption of iron, the formation of red blood cells and conversion of folic acid to active folinic acid.<sup>4</sup> It also maintains healthy mast cell function and supports lymphocyte formation.<sup>5</sup> Vitamin C is also required for the synthesis of carnitine and steroids.<sup>†</sup>

### SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-4 times daily, with or between meals, or as directed by a health professional.

### STORAGE

Store in a cool, dry place.

### WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

### SOURCE

- The ascorbic acid in this formula is derived from corn dextrose fermentation
- The minerals in this formula are naturally derived from limestone
- Ascorbyl palmitate in Buffered Ascorbic Acid capsules is also derived from corn dextrose fermentation and palm oil

### NOTES

Size 00 caps

Bottle count 90/250

Order codes AB29/AB22

Bottle size 290 cc/20 oz

### REFERENCES

1. Abdollahzad H, et al. *Int J Vitam Nutr Res.* 2009 Sep;79(5-6):281-7.
2. Sasazuki S, et al. *Eur J Clin Nutr.* 2006 Jan;60(1):9-17.
3. N. Boyera, et al. *Int J Cosmetic Science.* 25 Dec 2001.
4. Walczyk T, et al. *J Nutr.* 2014 Nov;144(11):1703-9.
5. Sureda A, et al. *Ann Nutr Metab.* 2008;52(3):233-40.

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## SUPPLEMENT FACTS

1 capsule, 1-4 times daily, with or between meals, or as directed by a health professional.

Each (size 00) vegetarian capsule contains:

Vitamin C (as calcium ascorbate, magnesium ascorbate, and potassium ascorbate) 670 mg

Calcium (as calcium ascorbate) 15 mg

Magnesium (as magnesium ascorbate) 37 mg

Potassium (as potassium ascorbate) 20 mg

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate



Buffered Ascorbic Acid capsules	Quantity	Order Code
	250	AB22
	90	AB29

Visit [PureEncapsulationsPro.com](https://PureEncapsulationsPro.com) for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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