Beta-sitosterol

Supports prostate health‡

INDICATIONS

- Ages 18 and up
- Prostate health support‡
- Healthy urinary function‡

BENEFITS

- Supports prostate health‡
- Promotes healthy urinary flow‡

FEATURES

- Beta-sitosterol is a naturally occurring plant sterol
- Made with plant-based, vegan ingredients

VERIFIABLE SCIENCE

Beta-sitosterol is a naturally occurring plant sterol. Plant sterols are a family of compounds similar in structure to cholesterol and have positive effects on prostate health.[1] In a 6-month randomized, double-blind, placebo-controlled, multicenter study with 200 male subjects, it was proposed that a mixed phytosterol complex providing beta-sitosterol supported healthy urinary flow.[2] In an 18-month follow-up trial, beta-sitosterol maintained healthy urinary function.[3] These results have been supported in other clinical trials as well.[1‡]

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Beta-sitosterol is sourced from a soy-based phytosterol complex
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 0 caps

Bottle count 90/270

Order code BS9/BS2

Bottle size 190 cc/20 oz

REFERENCES

1. Klippel KF, et. al. *Br J Urol.* 1997 Sep;80(3):427-32.
2. Berges RR, et. al. *Lancet.* 1995 Jun 17;345(8964):1529-32.
3. Berges RR, et. al. *BJU Int.* 2000 May;85(7):842-6.

SUPPLEMENT FACTS

1 capsule, 1-2 times daily, with meals.

Each (size 0) vegetarian capsule contains:

Beta-sitosterol (from soy phytosterol complex)	60 mg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate

Contains soy

(GF) (NON GMO) (V) (VEG)

Beta-sitosterol	Quantity	Order Code
	270	BS2
	90	BS9

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