

# Beta Carotene (with mixed carotenoids)

From natural *D. salina*; vitamin A precursor for antioxidant support<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Immune system support<sup>†</sup>
- Vascular health and visual acuity support<sup>†</sup>

## BENEFITS

- Beta carotene is a precursor of vitamin A<sup>†</sup>
- Antioxidant for immune support and healthy tissues<sup>†</sup>
- Supports visual acuity and DNA integrity<sup>†</sup>

## FEATURES

- Derived from natural *Dunaliella salina* algae
- Made with high-quality vegetarian ingredients backed by verifiable science

## VERIFIABLE SCIENCE

Beta carotene is an important dietary antioxidant that scavenges free radicals, supports the body's defense system and maintains healthy visual acuity.<sup>2,3</sup> Beta carotene is also the major dietary precursor of vitamin A.<sup>1</sup> The body converts beta carotene to vitamin A as needed.<sup>4†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Beta Carotene is sourced from *Dunaliella salina* algae. Each capsule typically contains 14,280 mcg beta carotene, 90 mcg zeaxanthin, 70 mcg lutein, 450 mcg alpha carotene and 110 mcg cryptoxanthin

## NOTES

Size 3 softgels

Bottle count 90/180

Order codes BE9/BE1

Bottle size 75 cc

## REFERENCES

1. Kasperczyk S, et al. *Toxicol Appl Pharmacol*. 2014 Oct 1;280(1):36-41.
2. Astley SB, et al. *Br J Nutr*. 2004 Jan;91(1):63-72.
3. Lin Y, et al. *Am J Clin Nutr*. 2000 Jun;71(6):1545-54.
4. Shete V, et al. *Nutrients*. 2013 Nov 27;5(12):4849-68.

## SUPPLEMENT FACTS

**1 capsule, 1-2 times daily, with meals.**

**Each (size 3) softgel capsule contains:**

Vitamin A (as beta carotene)	7,500 mcg
(with alpha carotene, zeaxanthin and lutein)	
(from <i>D. salina</i> , 100% natural)	

Other ingredients: gelatin capsule (gelatin, glycerin, water, carob), sunflower oil, olive oil



Beta Carotene	Quantity	Order Code
	180	BE1
	90	BE9

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