

Vitamin D₃ (vegan)

Vegan vitamin D₃ from organic algae to support musculoskeletal, cardiovascular, neurocognitive, cellular, and immune health[†]

INDICATIONS

- Individuals ages 4 and up following a vegan diet

BENEFITS

- Supports bone health by reducing urinary calcium loss and promoting intestinal calcium and phosphorous absorption[†]
- Promotes overall cardiovascular health, in part by targeting cytokine balance[†]
- Maintains healthy cellular function, including colon, breast and prostate cell health[†]
- Supports healthy immune cell activation[†]

FEATURES

- Offers organic vegan vitamin D₃, certified by the UK Vegan Society
- 50 mcg (2,000 IU) per capsule
- Small capsules

VERIFIABLE SCIENCE

Pure Encapsulations vitamin D₃ (vegan) is derived from organic algae. It is produced through a multistep process involving extraction, purification and concentration resulting in a vitamin D₃ cholecalciferol with the same molecular structure and conformation as lanolin and fish oil-derived cholecalciferol. Research indicates that optimal vitamin D serum levels offer support for bone, breast, prostate, cardiovascular, colon and immune health.^{1-6†}

SUGGESTED USE

As a dietary supplement, take 1-2 capsules daily, or as directed by a health professional. Consume with food.

STORAGE

Store in a cool, dry place.

WARNING

It is recommended that individuals taking more than 50mcg (2,000 IU) vitamin D per day have their blood levels monitored. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

Vegan vitamin D₃ is derived from algae. Hypoallergenic plant fiber is derived from pine cellulose.

NOTES

Size 3 caps

Bottle count 120

Order code VD3V1

Bottle size 120 cc

REFERENCES

1. Bischoff-Ferrari HA, et al. JAMA. 2005 May 11;293(18):2257-64.
2. Garland CF, et al. J Steroid Biochem Mol Biol. 2007 Mar;103(3-5):708-11.
3. Schenk JM, et al. Cancer Epidemiol Biomarkers Prev. 2014 Aug;23(8):1484-93.
4. Dobnig H, et al. Arch Intern Med. 2008 Jun 23;168(12):1340-9.
5. Ahearn TU, et al. Cancer Res. 2011 Jan 15;71(2):413-23.
6. Hossein-nezhad A, et al. PLoS One. 2013;8(3):e58725.

SUPPLEMENT FACTS

1-2 capsules daily, with food

One (size 3) capsule contains:

Vitamin D (as cholecalciferol) (D₃) 50 mcg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

It is recommended that individuals taking more than 50 mcg (2,000 IU) vitamin D per day have their blood levels monitored.



Vitamin D ₃ (vegan)	Quantity	Order Code
	120	VD3V1

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