

# Zinc 30

Broad physiological support, including immune function and emotional wellness<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Immune system function support<sup>†</sup>
- Healthy digestion and metabolism support<sup>†</sup>

## BENEFITS

- Supports the body's natural defense system<sup>†</sup>
- Promotes collagen formation and healthy tissue development<sup>†</sup>
- Provides support for reproductive health<sup>†</sup>
- Supports enzymatic digestion and metabolism<sup>†</sup>

## FEATURES

- Highly absorbable zinc
- Made with high-quality vegan ingredients backed by verifiable science

## VERIFIABLE SCIENCE

Zinc is a constituent of over two dozen enzymes involved in digestion and metabolism, including carbonic anhydrase, which is vital to tissue respiration.<sup>1</sup> Zinc is essential for the healthy storage and metabolism of carbohydrates, as well as the absorption and function of B vitamins.<sup>2</sup> It plays an important role in supporting the body's defense system, promoting healthy neutrophil, natural killer cell, and T-lymphocyte function.<sup>3</sup> Zinc plays a fundamental role in collagen formation and healthy tissue development.<sup>4</sup> This mineral contributes to healthy prostatic function and is essential for normal fetal and reproductive development.<sup>5†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with a meal.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Zinc is derived from earthen ore
- Citrate is derived from corn dextrose fermentation
- Picolinate is synthetic
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypo-allergenic plant fiber is derived from pine cellulose

## NOTES

Size 3 caps

Bottle counts 60/180

Order codes Z36/Z31

Bottle sizes 75 cc/120 cc

## REFERENCES

1. Kim J, et al. *Biol Trace Elem Res.* 2014 Feb;157(2):101-6.
2. Huskisson E, et al. *J Int Med Res.* 2007 May-Jun;35(3):277-89. Review
3. Meksawan K, et al. *Anticancer Res.* 2014 Jan;34(1):295-9.
4. Sadighi A, et al. *Saudi Med J.* 2008 Sep;29(9):1276-9.
5. Sur D, et. al. *Pediatrics.* 2003 Dec;112(6 Pt 1):1327-32.

## SUPPLEMENT FACTS

**1 capsule daily, with a meal.**

**Each (size 3) vegetarian capsule contains:**

Zinc (as zinc picolinate) 30 mg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate



Zinc 30	Quantity	Order Code
	180	Z31
	60	Z36

Visit [PureEncapsulationsPro.com](http://PureEncapsulationsPro.com) for more information about our GMO policy.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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