

Zinc (citrate)

Broad physiological support, including immune function and emotional wellness[†]

INDICATIONS

- Ages 18 and up
- Immune system function support[†]
- Healthy digestion and metabolism support[†]

BENEFITS

- Supports the body's natural defense system[†]
- Promotes collagen formation and healthy tissue development[†]
- Provides support for reproductive health[†]
- Supports enzymatic digestion and metabolism[†]

FEATURES

- Highly absorbable zinc
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Zinc is a constituent of over two dozen enzymes involved in digestion and metabolism, including carbonic anhydrase, which is vital to tissue respiration.¹ Zinc is essential for the healthy storage and metabolism of carbohydrates and cooperates with various other nutrients.² It plays an important role in supporting the body's defense system, promoting healthy neutrophil, natural killer cell and T-lymphocyte function.³ Zinc plays a fundamental role in collagen formation and healthy tissue development.⁴ This mineral contributes to healthy prostatic function and is essential for normal fetal and reproductive development.^{5†}

SUGGESTED USE

As a dietary supplement, take 1 capsule daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Zinc is derived from earthen ore
- Citrate is derived from corn dextrose fermentation
- Picolinate is synthetic
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 3 caps

Bottle counts 60, 180

Order codes ZC6, ZC1

Bottle sizes 75 cc, 120 cc

REFERENCES

1. Kim J, et al. *Biol Trace Elem Res.* 2014 Feb;157(2):101-6.
2. Huskisson E, et al. *J Int Med Res.* 2007 May-Jun;35(3):277-89.
3. Meksawan K, et al. *Anticancer Res.* 2014 Jan;34(1):295-9.
4. Sadighi A, et al. *Saudi Med J.* 2008 Sep;29(9):1276-9.
5. Sur D, et al. *Pediatrics.* 2003 Dec;112(6 Pt 1):1327-32.

SUPPLEMENT FACTS

1 capsule daily, with a meal or as directed by a health professional.

Each (size 3) vegetarian capsule contains:

Zinc (as zinc citrate) 30 mg

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate



Zinc (citrate)	Quantity	Order Code
	180	ZC1
	60	ZC6

Visit PureEncapsulationsPro.com for more information about our GMO policy.