

Women's Pure Pack

Comprehensive daily packet providing core nutrients, calcium, vitamin D₃, CoQ10, fish oil and açai

INDICATIONS

- For women over 40
- Supports bone, cardiovascular, macular, breast and emotional health[‡]

BENEFITS

- Provides optimal nutritional support for women over 40[‡]
- Promotes healthy cardiovascular function with polyphenols and omega-3 support[‡]
- Supports breast health[‡]
- Provides support for cardiovascular, bone, macular and cognitive health[‡]
- Helps moderate occasional stress[‡]

FEATURES

- Multivitamin and mineral complex in highly bioavailable forms with added calcium and vitamin D₃
- Includes Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
- Convenient, once-daily packet
- Part of the PureWoman™ product line

VERIFIABLE SCIENCE

Women's Pure Pack is designed to promote emotional health, as well bone, cardiovascular, macular, and breast cell health with a comprehensive profile of bioavailable vitamins, chelated minerals, fish oil and other ingredients.¹ Vitamin and minerals act as cofactors to support energy production, while the herbal adaptogens rhodiola and lemon balm help moderate occasional stress.^{2,3} Each packet contains 500 mg calcium and 37.5 mcg (1,500 IU) vitamin D₃ to support healthy bone.⁴ Omega-3 fatty acids, CoQ10, and polyphenols from açai, cranberry, pomegranate, red wine concentrate and grape seed extract promote healthy cardiovascular function.⁵⁻¹⁰ HMRlignan™, calcium-d-glucarate, green tea and curcumin help support breast cell health.¹¹⁻¹⁴ Lutein, zeaxanthin and nutrient cofactors enhance the integrity of the macula and retina.^{15‡}

SUGGESTED USE

As a dietary supplement, take 1 packet daily (9 capsules), with a meal.

STORAGE

Store in a cool, dry place.

WARNING

Take with food. If you have liver problems, consult your health professional before use. Vitamin K may be contraindicated with Coumadin (warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood-thinning medication, consult your health professional before use.

NOTES

Box count 30 packets

Order code WPPB3

Each packet contains: 9 capsules

Women's Nutrients: 3 vegetarian capsules

EPA/DHA essentials: 1 softgel capsule

Vitamin D₃: 1 vegetarian capsule

Calcium (citrate): 2 vegetarian capsules

Açai: 1 vegetarian capsule

CoQ10: 1 vegetarian capsule

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SUPPLEMENT FACTS

Take 1 packet daily (9 capsules), with a meal.

Nine capsules contain:

Calories	10
Total fat	1 g
Cholesterol	< 5 mg
Vitamin A (as beta carotene)	1,125 mcg
Vitamin C (as ascorbic acid)	125 mg
Vitamin D (as cholecalciferol) (D ₃)	37.5 mg (1,500 IU)
Vitamin E (as d-alpha tocopherol succinate and natural tocopherols)	34 mg
Vitamin K (as vitamin K ₂)	50 mcg
Thiamin (as thiamin HCl) (B ₁)	12.5 mg
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.4 mg
Niacin (as niacin and 67% niacinamide)	37.5 mg
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)
Vitamin B ₁₂ (as methylcobalamin)	250 mcg
Biotin	1,000 mcg
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg
Choline (as choline bitartrate)	20 mg
Calcium (as calcium citrate)	500 mg
Iodine (as potassium iodide)	100 mcg
Magnesium (as magnesium citrate)	50 mg
Zinc (as zinc citrate)	7.5 mg
Selenium (from selenium yeast)	100 mcg
Manganese (as manganese citrate)	1 mg
Chromium (as chromium polynicotinate)	100 mcg
Potassium (as potassium citrate)	49 mg
Boron (as boron glycinate)	1 mg
Vanadium (as bis-glycinate oxo vanadium)	50 mcg
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg
Inositol	62.5 mg
Alpha lipoic acid	37.5 mg
Coenzyme Q ₁₀	60 mg
FloraGLO® lutein	3 mg
Zeaxanthin	500 mcg
Red wine grape (<i>Vitis vinifera</i>) concentrate (whole fruit) (standardized to contain 25% total polyphenols)	50 mg
Grape (<i>Vitis vinifera</i>) extract (seed) (standardized to contain 92% polyphenols)	50 mg
Pomegranate (<i>Punica granatum</i>) extract (whole fruit) (standardized to contain 40% punicosides)	50 mg
Cranberry (<i>Vaccinium macrocarpon</i>) concentrate (fruit)	60 mg
Assai palm (Açai) (<i>Euterpe oleracea</i>) extract (whole fruit)	600 mg
Blueberry (<i>Vaccinium angustifolium</i>) extract (fruit)	15 mg

HMRlignin™ (7-hydroxymatairesinol (from Norway spruce knot wood))	5 mg
Green tea (<i>Camellia sinensis</i>) extract (leaf) (standardized to contain 65% total tea catechins and 23% epigallocatechin (EGCG))	50 mg
Turmeric (<i>Curcuma longa</i>) extract (root) (standardized to contain 95% curcuminoids)	50 mg
Calcium-D-glucarate	25 mg
Rhodiola (<i>Rhodiola rosea</i>) extract (root) (standardized to contain 3% total rosavins and 1% salidroside)	50 mg
Lemon balm (<i>Melissa officinalis</i>) extract (leaf) (standardized to contain 5% rosmarinic acid)	25 mg
Fish oil concentrate (from anchovies, sardines, mackerel)	1,000 mg
Providing:	
EPA (eicosapentaenoic acid)	300 mg
DHA (docosahexaenoic acid)	200 mg

Other ingredients: vegetarian capsule (cellulose, water), gelatin capsule (gelatin, glycerin, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, cranberry fiber, cranberry seed oil, guar gum, sunflower lecithin

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Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

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CranMax® is a registered trademark of Pharmachem Laboratories, LLC.

This product contains calcium D-glucarate, the use of which is licensed from Applied Food Sciences, Inc. and protected by U.S. Patent 7,662,863.

Contains fish (anchovies, sardines, mackerel)

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Women's Pure Pack	Quantity	Order Code
	30 packets	WPPB3

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*Visit PureEncapsulations.com for more information about our GMO policy.



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