

# Vitamin E (with mixed tocopherols)

Essential antioxidant nutrient<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Antioxidant protection and optimal cellular function<sup>†</sup>
- Cardiovascular health support<sup>†</sup>

## BENEFITS

- Supports antioxidant protection and optimal cellular function<sup>†</sup>
- Promotes healthy cellular respiration in cardiac and skeletal muscles<sup>†</sup>
- Supports healthy blood vessel function<sup>†</sup>
- Supports mitochondrial function and hormone production<sup>†</sup>

## FEATURES

- Offers mixed tocopherols including d-alpha, beta, delta and gamma
- Made with vegetarian ingredients

## VERIFIABLE SCIENCE

Vitamin E is a powerful chain-breaking antioxidant and free radical scavenger, helping to protect the integrity of the body's cellular membranes.<sup>1</sup> Vitamin E plays a beneficial role in the cellular respiration of muscles, especially cardiac and skeletal muscles.<sup>2,3</sup> It also supports healthy blood vessel function.<sup>4</sup> In addition, vitamin E plays a role in nucleic acid and protein metabolism, mitochondrial function, and hormone production.<sup>5,6†</sup>

## SUGGESTED USE

As a dietary supplement, take 1 capsule daily, with a meal, or as directed by a health professional.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Vitamin E is derived from soy. There is no detectable GMO material in this product.

## NOTES

Size 10 softgels

Bottle counts 90/180

Order codes DE9/DE1

Bottle size 120 cc/290 cc

## REFERENCES

1. Heng EC, et al. *Eur J Nutr.* 2013 Oct;52(7):1811-20.
2. Santos SA, et al. *J Hum Nutr Diet.* 2016 Aug;29(4):516-22.
3. Meydani M, et al. *Am J Physiol.* 1993 May;264(5 Pt 2):R992-8.
4. Alshiek JA, et al. *Diabetes Res Clin Pract.* 2017 Sep;131:200-207.
5. Devaraj S, et al. *Free Radic Biol Med.* 2008 Mar 15;44(6):1203-8.
6. Hartman TJ, et al. *Prostate.* 2001 Jan 1;46(1):33-8.

## SUPPLEMENT FACTS

**1 capsule daily, with a meal, or as directed by a health professional.**

**Each (size 10) softgel capsule contains:**

Vitamin E (as natural d-alpha tocopherol)	260 mg
Other tocopherols	67 mg
Other ingredients: rapeseed oil, gelatin capsule (gelatin, glycerin, water), sunflower oil	



Vitamin E (with mixed tocopherols)	Quantity	Order Code
	180	DE1
	90	DE9

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