

Strontium (citrate)

Trace mineral for bone health[†]

INDICATIONS

- Ages 18 and up
- Bone health support[†]

BENEFITS

- Supports bone health and strength[†]
- Promotes healthy osteoclast and osteoblast activity[†]
- May help vertebrae integrity and composition[†]

FEATURES

- An essential trace mineral
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

The trace mineral strontium supports healthy osteoblast differentiation, osteoblast collagen formation and balanced osteoclast activity, maintaining bone tensile strength.¹ In two separate clinical trials involving a total of more than 2,000 women, strontium supplementation supported healthy vertebrae integrity and composition.^{2,3} In a preliminary analysis of a three-year placebo-controlled, double-blind study of 5,091 postmenopausal women, strontium supplementation promoted healthy hip bones.⁴ Since strontium is absorbed using calcium transport mechanisms, strontium supplements should not be taken at the same time as calcium supplements or calcium-containing foods. While supplementing with strontium, adequate calcium intake should be maintained.^{5†}

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-3 times daily, with or between meals, away from calcium-containing foods or supplements.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Strontium is a naturally occurring mineral derived from earthen ore and purified through a proprietary synthetic reaction process with citric acid
- Citric acid is derived from corn dextrose fermentation
- Vitamin C (Ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil
- Hypo-allergenic plant fiber is derived from pine cellulose

NOTES

Size 00 caps

Bottle counts 90, 180

Order codes STC9, STC1

Bottle sizes 290 cc, 20 oz

REFERENCES

1. Peng S, et al. *J Bone Miner Res.* 2011 Jun;26(6):1272-82.
2. Meunier PJ, et al. *N Engl J Med.* 2004 Jan 29;350(5):459-68.
3. Roux C, et al. *Ann Rheum Dis* 2008;67:1736-1738.
4. Reginster JY, et al. *J Clin Endocrinol Metab.* 2005 May;90(5):2816-22.
5. Doublier A, et al. *Osteoporos Int.* 2013 Mar;24(3):1079-87.

SUPPLEMENT FACTS

1 capsule, 1-3 times daily, with or between meals, away from calcium containing foods or supplements.

Each (size 00) vegetarian capsule contains:

Strontium (as strontium citrate)	227 mg
Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate	



Strontium (citrate)	Quantity	Order Code
	180	STC1
	90	STC9

Visit PureEncapsulationsPro.com for more information about our GMO policy.