

Probiotic-5

5-strain blend; broad-spectrum probiotic support for healthy intestinal microflora[‡]

INDICATIONS

- Ages 18 and up
- Gastrointestinal health support[‡]

BENEFITS

- Promotes healthy G.I. barrier function, in part by supporting the mucosal lining of the G.I. tract[‡]
- Helps maintain healthy gut ecology[‡]
- Provides immune system health support[‡]

FEATURES

- Includes 5 probiotic strains with 10 billion colony forming units (CFU)
- Dairy-free, soy-free formula
- Made with high-quality vegetarian ingredients backed by verifiable science

VERIFIABLE SCIENCE

This dairy-free, soy-free formula provides 10 billion CFU of the beneficial bacteria *Lactobacillus acidophilus*, *Lactobacillus rhamnosus*, *Bifidobacterium longum*, and *Bifidobacterium bifidum* to promote healthy cytokine production in the colon and maintain healthy G.I. barrier function, in part by supporting the mucosal lining of the G.I. tract.¹ Several trials have also revealed that mixed probiotic supplementation helps maintain intestinal flora, support healthy yeast balance and promote G.I. comfort.^{2,3} Studies also suggest that probiotics support immune health, enhancing B cell, T cell and NK cell function.^{4,5}[‡]

SUGGESTED USE

As a dietary supplement, take 1 capsule, 1-2 times daily, with or between meals.

STORAGE

Keep refrigerated.

WARNING

Probiotics may be contraindicated for immunocompromised individuals. If you are pregnant or lactating, have any health condition or are immunocompromised, or are taking any medication, consult your health professional before use.

SOURCE

- *Lactobacillus acidophilus* (La-14 strain), *Lactobacillus rhamnosus* (Lr-32 strain), *Bifidobacterium bifidum* (Bb-06 strain), *Bifidobacterium longum* (Bl-05 strain), and *Bifidobacterium lactis* (Bl-04 strain) are grown on a dairy-free, soy-free medium
- Pure Encapsulations probiotic products contain a unique form of rice starch produced through a natural enzymatic process. This proprietary starch has been extensively tested and is added to protect the viability of the probiotic organisms

NOTES

Size 0 caps

Bottle count 60

Order code PRB6

Bottle size 190 cc

REFERENCES

1. Roselli M, et al. *Inflamm Bowel Dis*. 2009, 15, 1526–1536
2. Engelbrektsen A., et al. *J. Med. Microbiol*. 2009. 58 663–670.
3. Miyazima TY, et al. *Oral Dis*. 2017;23:919–925.
4. Mengheri E, et al. *Clin Gastroenterol*. 2008 Sep;42 Suppl 3 Pt 2:S177-8.
5. Paineau D, Carcano D, Leyer G, et al. *FEMS Immunol Med Microbiol*. 2008 Jun;53(1):107-13.

SUPPLEMENT FACTS

1 capsule, 1-2 times daily, with or between meals.

Each (size 0) vegetarian capsule contains:

Probiotic blend 10 billion CFU

Providing:

Bifidobacterium lactis (Bl-04)

Lactobacillus acidophilus (La-14)

Lactobacillus rhamnosus (Lr-32)

Bifidobacterium longum (Bl-05)

Bifidobacterium bifidum (Bb-06)

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

This formula requires refrigeration to maintain culture viability.



Probiotic-5	Quantity	Order Code
	60	PRB6

[‡]This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.