MSM (methylsulfonylmethane)

Provides sulfur to support joint, immune and respiratory health[‡]

INDICATIONS

- Ages 18 and up
- Joint health support[‡]
- Immune system and respiratory support[‡]

BENEFITS

- Helps maintain connective tissue health[‡]
- Supports tissue containing collagen and keratin including hair, skin and nails[‡]
- May promote immune and respiratory health[‡]

FEATURES

- Contains 99.7% pure, patented MSM
- As the major metabolite of DMSO (dimethylsulfoxide), contains 34% elemental sulfur
- Available in convenient capsule and powder forms
- Made with high-quality vegan ingredients backed by verifiable science

VERIFIABLE SCIENCE

Pure Encapsulations' MSM (methylsulfonylmethane or dimethylsulfone) is a source of organic sulfur found naturally in the human body. MSM, the major metabolite of DMSO (dimethyl sulfoxide), is 34% elemental sulfur, a compound which is crucial in maintaining healthy tissues. While sulfur supports many functions, it is well known for maintaining connective tissue health. Sulfur also supports tissue containing significant amounts of collagen and keratin, including hair, skin and nails. Sulfur is essential in methionine, cysteine and serum protein metabolism. Preliminary evidence suggests that MSM may also provide potential support for healthy immune and respiratory function.

SUGGESTED USE

MSM capsules

As a dietary supplement, take 2 capsules, 1-4 times daily, with meals.

MSM powder

As a dietary supplement take 1 rounded scoop, 1-2 times daily, in a beverage, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

 Pure Encapsulations MSM is synthetically derived. The MSM used in this product is OptiMSM® brand, which is a registered trademark of Cardinal Nutrition

NOTES

MSM capsules

Size 00 caps

Bottle count 250, 360

Order codes MSM2, MSM3

Bottle size 20 oz, 26 oz

MSM powder

Serving size: 1 rounded scroop (approximately 3 g)

Servings per container: 75

Order code MSMP

Bottle size 20 oz

REFERENCES

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- 3. Kim LS, et al. Osteoarthritis Cartilage. 2006 Mar;14(3):286-94.
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- 5. Parcell S. Altern Med Rev. 2002 Feb;7(1):22-44.
- Nakhostin-Roohi B, et al. J Pharm Pharmacol. 2011 Oct;63(10):1290-4

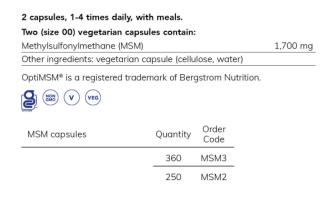




MSM (methylsulfonylmethane)

Provides sulfur to support joint, immune and respiratory health[‡]

SUPPLEMENT FACTS



1 rounded scoop, 1-2 times daily, in a beverage, with meals.

Serving size: 1 rounded scoop (approximately 3 g) Servings per container: Approximately 75

Each scoop contains:

Methylsulfonylmethane 3 g
Other ingredients: silicon dioxide

OptiMSM® is a registered trademark of Bergstrom Nutrition.



MSM powder	Quantity	Order Code
	8.1 oz	MSMP
	(230 a)	

