

Multi-Mineral liquid™

Offers a blend of naturally derived minerals to support cellular function[†]

INDICATIONS

- Ages 18 and up

BENEFITS

- Supports optimal mineral intake[†]
- Promotes nutrient metabolism and cellular function[†]

FEATURES

- Concentrated seawater complex containing minerals in varying trace amounts, as found in seawater from the Great Salt Lake in Utah
- Designed to enhance water with a healthy mineral profile, such as that from natural mineral springs
- Convenient liquid delivery form

VERIFIABLE SCIENCE

Multi-Mineral liquid contains a concentrated seawater mineral complex sourced from the Great Salt Lake in Utah. As a unique inland sea without outlets, this lake has been a mineral depository for thousands of years. Mimicking the natural enrichment of mineral water from soil and rocks, this concentrate contains a blend of naturally occurring minerals, and is particularly rich in magnesium, boron, and lithium. Minerals act as cofactors for numerous physiological and cellular functions, including cellular energy production and the synthesis of hormones, neurotransmitters, and DNA. Magnesium serves numerous vital functions throughout the body, including nutrient metabolism, cytokine balance, energy production, and musculoskeletal health.^{1,2} Boron plays a role in both mineral metabolism and hormone synthesis. Lithium is typically obtained in the diet from water and foods grown in lithium-rich soil, and associated with cognitive health.³ Optimal mineral intake has been associated with antioxidant enzyme function, as well as bone, immune, and cardiometabolic health.^{4,5} In a prospective study involving 50 subjects ages 50 and above, supplementation with 2.5 ml of a comparable mineral liquid supplement for one year promoted joint comfort, as measured by composite WOMAC score. Supplementation promoted walking comfort during a six-minute walking test in 41% of subjects and cartilage thickness in 21% of subjects.^{6†}

SUGGESTED USE

As a dietary supplement, take 2 ml (2 full droppers) daily, by dropper or mixed into water, with a meal, or as directed by a health professional.

STORAGE

Store in a cool, dry place. Shake well before use.

WARNING

Not to be taken by pregnant and lactating women. Consult your health professional before use. Not to be taken in conjunction with antidepressants unless advised by a health professional. Individuals with bipolar disorder and depression must be monitored closely by a health professional if taking this supplement. It is recommended that individuals taking this supplement have lithium levels and kidney function monitored regularly. Do not exceed the dose recommended by your health professional.

SOURCE

- The trace mineral complex is sourced from water from the Great Salt Lake in Utah. In a proprietary harvesting and manufacturing process, water is collected from the edge of the lake and concentrated using solar technology without disruption of the lakebed.

NOTES

Serving size 2 ml

Bottle count 58 servings

Order code MML

Bottle size 116 ml

REFERENCES

1. Huang JH, et al. *Nutr J*. 2012 Jun 13;11:41.
2. Orchard TS, et al. *Am J Clin Nutr*. 2014 Apr; 99(4): 926–933.
3. Forlenza OV, et al. *Br J Psychiatry*. 2011 May;198(5):351-6.
4. Wołonciej M, et al. *Postepy Hig Med Dosw*. 2016 Dec 31;70(0):1483-1498.
5. Jiang S, et al. *PeerJ*. 2020; 8: e9127.
6. Bansal H, et al. *J Stem Cells*. 2014;9(1):65-76.

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SUPPLEMENT FACTS

2 ml (2 full droppers) daily, by dropper or mixed into water, with a meal, or as directed by a health professional.

Serving size: two full droppers (2 ml)

Servings per container: approximately 58

two full droppers (2 ml) contain:

Magnesium (as mineral complex)	200 mg
Chloride (as mineral complex)	660 mg
Sodium (as mineral complex)	5 mg
Potassium (as mineral complex)	2 mg
Sulfate (as mineral complex)	32 mg
Lithium (as mineral complex)	1.4 mg
Boron (as mineral complex)	1 mg

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Other ingredients: concentrated seawater mineral complex

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Multi-Mineral liquid	Quantity	Order Code
	116 ml (3.9 fl oz)	MML

Visit PureEncapsulationsPro.com for more information about our GMO policy.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.