

Lipid Support Complex

Supports fat metabolism in the liver[‡]

INDICATIONS

- Ages 18 and up
- Patients seeking support for healthy liver fat metabolism[‡]
- Patients seeking support for healthy uric acid levels or oxidative stress[‡]

BENEFITS

- Supports hepatic fat metabolism[‡]
- Reduces oxidative stress[‡]
- Supports vascular health[‡]
- Promotes healthy uric acid levels[‡]

FEATURES

- Clinically studied BergacynFF®

VERIFIABLE SCIENCE

Lipid Support Complex supports hepatic fat metabolism with a combination of berberine and clinically studied BergacynFF®, a patented extract blend of bergamot citrus and *Cynara cardunculus*. BergacynFF® supports lipid metabolism in the liver, with the added benefits of promoting healthy uric acid levels, decreasing oxidative stress and supporting vascular endothelial health.¹⁻⁴ In a randomized, double blind, placebo-controlled clinical study involving 102 subjects, BergacynFF® (600 mg/day) for 12 weeks resulted in significant support for liver fat metabolism, assessed by CAP scores.² In a randomized, double blind, placebo-controlled clinical study involving 80 subjects, BergacynFF® (600 mg/day) significantly improved serum markers of oxidative stress, with a reduction in circulating malondialdehyde (MDA) coupled with an increase in glutathione peroxidase (GPx) and superoxide dismutase (SOD) levels after 16 weeks. Supplementation also supported vascular endothelial function.⁴ This formula also provides berberine, an alkaloid that moderates lipid accumulation in liver cells *in vitro*.⁵⁻⁸ In preclinical models, berberine activates hepatic AMP kinase (AMPK) and sirutin 1 (SIRT1), which play important roles in supporting fat utilization in moderating fat synthesis in the liver.^{7,8-10*}

SUGGESTED USE

As a dietary supplement, take 2 capsules daily with meals, or as directed by a health care professional.

STORAGE

Store in a cool, dry place.

WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Bergamot orange extract is derived from *Citrus bergamia* fruit
- Cardoon artichoke extract is derived from *Cynara cardunculus* leaf
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil
- Hypo-allergenic plant fiber is derived from pine cellulose
- Tri-magnesium citrate is derived from elemental ore and non-GMO glucose fermentation from non-GMO maize, molasses, and sugar beet or sugar cane

NOTES

Size 00 cap

Bottle count 60

Order code LSC6

Bottle size 150cc

REFERENCES

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5. Xu X, et al. *FASEB J*. 2019 Jun;33(6):7289-7300.
6. Ionita-Radu F, et al. *Int J Mol Sci*. 2024 Apr 10;25(8):4201.
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8. Zhu X, et al. *Free Radic Biol Med*. 2019 Sep;141:192-204.
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10. Tian C, et al. *Pharmacol Res*. 2024 May;203:107155.

[‡]These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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SUPPLEMENT FACTS

2 capsules, daily with meals.

Two (size 00) capsules contain:

BergaCynFF® blend	600 mg
Bergamot orange (Citrus bergamia) extract (fruit) (standardized to 17% flavonoids), Artichoke (Cynara cardunculus) extract (leaf)(standardized to 5% cynaropicrins)	
Berberine HCl	500 mg
Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, tri-magnesium citrate	

BergaCynFF® is a registered trademark of H&AD distributed
by DolCas Biotech LLC



Lipid Support Complex	Quantity	Order Code
	60	LSC6

[†]Visit PureEncapsulations.com for more information about our GMO policy.

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